



# NOVEMBER 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>Turkey Hot Dog and bun</b> Dice tomato, onions & relish Macaroni Salad Fruit cocktail Chips	2 <b>Baked Fish with tomato onion sauce</b> Zucchini ribbon cold salad Couscous w/ garbanzos Italian bread Peaches	3 <b>Ham &amp; Potato Casserole</b> w/ cheddar cheese Beets w/ red onion salad Buttered Corn Corn bread Fruit Cocktail	4 SPLIT PEA SOUP <b>Stuffed Cabbage w/ ground turkey</b> Brown rice w/ parsley Green salad Lemon gelatin
7 ONION SOUP <b>Hamburgers/Cheese</b> Potato salad Lettuce, tomato, onion Peaches in syrup, Chips	8 <b>Italian Sausage w/ Peppers</b> Spaghetti w/ tomato Sauce Green peas Salad w onion Italian toast Ice Cream	9 <b>Ham &amp; Spinach Quiche</b> Three bean salad Buttered corn Whole Wheat Bread Lime gelatin w/ fruit	10 <b>Pork Chop w/ stuffing</b> Broccoli/cauliflower mix, Baked potato wedges Apple Sauce Wheat roll	11 3 <b>CLOSED for VETERANS DAY</b>
14 <b>Stuffed Bell Pepper</b> Mashed Potatoes Green Salad w/ zucchini & red onions Wheat bread Ice Cream Orange juice	15 <b>Baked Chicken</b> Couscous & butternut squash Red/green cabbage salad, Corn muffin, Pears	16 <b>Tuna Casserole</b> Buttered peas Lettuce, red cabbage, cucumber salad Whole wheat bread Lemon gelatin	17 POTATO SOUP <b>Breaded Chicken strips</b> Penne pasta w/ tomato sauce Spinach salad Garlic bread Rice pudding	18 <b>Baked Salmon w/ Dill sauce</b> Rice Pilaf Peas & carrots Salad Tapioca pudding Italian bread
21 <b>Chicken Enchilada Casserole</b> Black beans Cilantro rice Salad w carrots Bread pudding Apple Juice	22 LENTIL SOUP <b>Roasted Pork w/ cumin &amp; prunes</b> Black eyed beans Salad w/ mandarin oranges Roll Rice Pudding	23 <b>Thanksgiving Lunch</b> Fresh Roasted Turkey Winter fruit & nut stuffing, Yams w/ walnuts, Creamed peas & onions, Cranberry orange relish Pumpkin Pie	24 <b>CLOSED</b> 	25 <b>CLOSED</b> 
28 <b>Chicken Salad w/ grapes</b> Shredded lettuce Quinoa salad w/ red onions, tomato Croissant Ambrosia salad	29 <b>Turkey A la King</b> Noodle pasta, Brussels sprouts w/ bacon bit, Red cabbage salad Wheat grain bread Mandarin oranges	30 TOMATO SOUP <b>Turkey Meatloaf</b> Mashed potatoes Glazed carrots Coleslaw Orange Juice Rice pudding	2.25 PER MEAL & \$4.18 for those under 55 years old RESERVATIONS REQUIRED Cancellations required by 10 am (626) 403-7360 Menu Subject To Change Without Notice	