

## Transportation

The City offers transportation via Dial a Ride, which is operated out of the Center, to residents of the city. The Service is offered Monday through Friday 8 am to 5 pm by reservation. Call (626) 4 03- 7 3 6 8.

## TAP CARDS

Metro passes are sold to seniors age 62 and over and can be used on the MTA buses and the Gold Line that reside in South Pasadena. Also known as TAP cards, when filled they are good for 30 days from day of purchase.

## Senior Citizens' Foundation

The Foundation was formed in 2006 to serve as a fundraising mechanism for the South Pasadena Senior Center. Each year they reach out to members of the center, as well as the community at large and solicit donations to benefit the needs of the Center. For additional information or to make a donation call (626)403-7337.

Visit us at:

[www.SouthPasadenaCA.gov/seniorcenter](http://www.SouthPasadenaCA.gov/seniorcenter)

or

Facebook:

South Pasadena Senior Center

## Senior Citizens' Commission

The Senior Citizens' Commission is a body of five members who serve as an advisory board to the City Council and set policies for the Senior Center. The Commission meets the 2<sup>nd</sup> Tuesday of each month at 8:30 am.

## Volunteer Opportunities

The Senior Center operates thanks to the support of volunteers to teach classes, greet the public, serve & deliver meals, make calls to shut-ins, maintain the garden, coordinate the travel program and provide administrative support to the Center.

The South Pasadena Senior Center offers much more, stop by and see for yourself.



**CITY OF  
SOUTH PASADENA**

**COMMUNITY SERVICES  
DEPARTMENT**

South Pasadena

Senior Citizens' Center

1102 Oxley Street  
South Pasadena, CA 91030

Creating Community through People,  
Parks and Programs

(626)403-7360 voice  
(626)403-7361 Fax

# THE SOUTH PASADENA SENIOR CENTER

The SOUTH PASADENA SENIOR CITIZENS CENTER is a focal point that opened in 1982, a "one stop shopping center", for services and activities. Our mission is to offer a place in which older adults and persons with disabilities can meet with one another to fulfill many of their social, physical, emotional, and intellectual needs. Center programs and activities are geared to enhance and support their independence and encourage their involvement in and with the community.

The South Pasadena Senior Citizens' Center is located at 1102 Oxley Street, in South Pasadena. The Center is centrally located to local bus lines and next door to the public library, and is open Monday through Friday from 8 am to 5 pm to the community.

**What is Offered:**  
Care Management via providers;  
*Santa Anita Family Services*  
Convalescent Care Planning  
Dial a Ride  
Financial Advice

**Human Services (continued):**  
Information & Referral  
Legal Advice (Elder-Law attorneys)  
Meal Program (On-site & delivered)  
Metro pass sales  
Social Security Assistance  
Telephone Reassurance Program

**Health Awareness & Prevention**  
Blood pressure & glucose checks  
Elder Wisdom Group  
FLU shot clinic  
Health fair  
Health education lectures  
Hearing test  
Mental health  
Podiatry (foot) clinic  
Support Group  
Vision screening

**Recreational Classes & Activities**  
AARP Smart Driver Course  
Birthday celebrations  
Book Discussion Group  
Brain Fitness Program  
Bridge Group  
CALSTATE LA education series;  
Computer Instruction  
Creative Writing Class  
Crochet, Knitting, & Stitchery Classes  
Digital Photography Program  
Country Line Dance  
Exercise Classes (Pep Up Your Life, Strength & Balance, C hair Yoga and Meditation)

**Recreational Programs continued**  
Language Classes (French, Italian, Spanish)  
Lifelong learning through lectures focused on politics, science, and the arts  
Mah Jong & card games  
Memory Training UCLA  
Music lectures  
Senior Cinema & Foreign Films  
Excursions to local destinations

**Who is Eligible?**  
The services listed above, as well as many others, are offered to persons who are 55 years of age or older, and persons with disabilities.

**How Do I Join the Center?**  
Requirements for eligibility vary by service. Free classes are available to members of the Center. Membership to the center includes monthly newsletter, access to free classes & lectures funded by the Foundation, use of the computer lab, as well as a parking permit.

**Senior Center Funding**  
The Senior Center is funded through the City of South Pasadena's general fund, Community Development Block Grant and Senior Citizens' Foundation of South Pasadena.