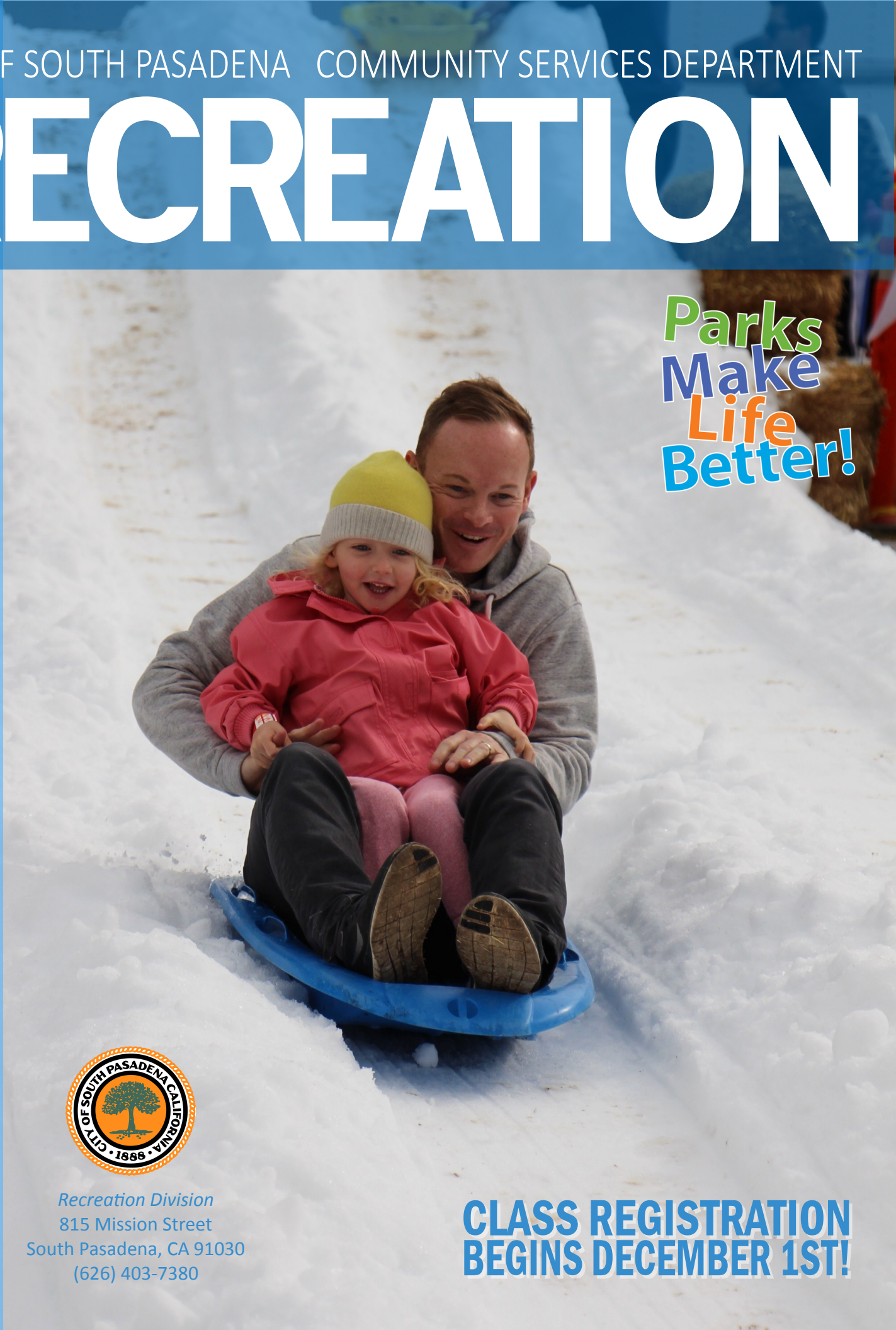
CITY OF SOUTH PASADENA COMMUNITY SERVICES DEPARTMENT

RECREATION



Parks Make Life Better!

LEISURE CLASS GUIDE
WINTER 2017

Recreation Division
815 Mission Street
South Pasadena, CA 91030
(626) 403-7380

CLASS REGISTRATION BEGINS DECEMBER 1ST!

Community Services Department

Senior Citizens' Center

1102 Oxley Street
Monday-Friday 8:00am - 5:00pm

General Information.....(626) 403-7360
Community Transit.....(626) 403-7368

Recreation Division

Orange Grove Recreation Center
815 Mission Street
Monday-Friday 10:00am - 6:00pm

General Information.....(626) 403-7380
Leisure Class Registrations.....(626) 403-7380
Camp Med.....(626) 403-7392
Facility Rentals.....(626) 403-7382

Receive the Classes & Programs Guide via email.
Provide your email address to receive the quarterly Community Services Classes & Programs Guide by calling (626) 403-7380 or sending an email to onlinerec@southpasadenaca.gov.

Interested in teaching a class?
If you are interested in teaching a leisure class through the Recreation Division, please call (626) 403-7382 to request a Leisure Class Proposal Packet.

City Hall

1414 Mission Street
Monday-Thursday 7:30am - 5:00pm
Friday 7:30am-4:00pm

General Information.....(626) 403-7200

City of South Pasadena on the Web

City Website

www.southpasadenaca.gov

Visit our website to view extensive Information on City services, offices, departments, officials and programs.

Like us on Facebook!

www.facebook.com/SouthPasadena

Receive updates on City programs and events via Facebook. Visit our page and become a fan.

Follow us on Twitter!

https://twitter.com/SouthPasadenaCA

Receive up-to-the-minute news affecting the City via Twitter.

TABLE OF CONTENTS

03 Tot Classes
05 Youth Classes
08 Teens & Adults Classes
13 Winter Events
14 Camp Med
15 Senior Center
16 Dial-A-Ride Program
17 Parks & Facilities
19 City Map
20 Class Registration Information

CALENDAR OF EVENTS

DECEMBER

12/1 - Leisure Class Registration Begins
12/10 - Breakfast with Santa

JANUARY

01/09– Winter Classes Begin
01/16 - MLK Day (City is Closed)
01/21 - Snow Day

FEBRUARY

02/20– President's Day (City is Closed)

TOTS

Dance & Musical

Kindermusik Family Time

You and your child will uncover an engaging musical world together through singing, moving, listening, playing instruments, and interacting socially. Materials include an instrument, class songs, lyrics, activities, and an eBook that can be viewed & downloaded online. New materials every session. *$22 material fee, $6 for each additional sibling.*

Two 4 week sessions
Instructor: Emily Chang
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	10:00 - 10:45 am	Birth - 5 yrs.	$54
Mon.	02/20/2017	10:00 - 10:45 am	Birth - 5 yrs.	$54

Parent & Me, Music & Dance for Tots

Share a special experience with your child while expanding their development in music, dance, song, social interaction and fun! This class is designed for girls and boys, and is a parent participation class.

7 weeks
Instructor: Donna Gale
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	11:30am-12:15pm	1 1/2– 3 yrs.	$95

Preschool Ballet

Dancers dive into more ballet technique while still enjoying a playful and creative class. We have developed a curriculum that uses beautiful music, improvisation and story-dances to engage preschoolers' active imagination while incorporating proper technique and terminology. Perfect class for the beginner or those whom have completed toddler ballet. No class on 01/16 or 02/20.

8 weeks
Instructor: Celadon Wood
Location: Twinkle Toes Dance Co. (5917 N. Figueroa St, 90042)

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	3:30 - 4:20pm	3 - 4 yrs.	$160

Toddler Ballet

Toddlers ages 2-3 are invited to come explore creative dance and ballet in this whimsical dance class. We get these young dancers moving with imaginative props, fun music, creative imagery and storytelling. Learn to plié with our balloon dance, leap like a dolphin, chasse like a unicorn and so much more! No class on 01/16 or 02/20.

8 weeks
Instructor: Celadon Wood
Location: Twinkle Toes Dance Co. (5917 N. Figueroa St, 90042)

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	5:30 - 6:15pm	2 - 3 yrs.	$160

Tot Ballet & Tap

Learn ballet and tap in a fun environment while singing and dancing to children's favorites. Boys and girls welcome. Dance recital on last day of class. Students need ballet & tap shoes.

7 weeks
Instructor: Donna Gale
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	3:30 - 4:15pm	3-5 yrs.	$95
Wed.	01/11/2017	12:15 - 1:00pm	3-5 yrs.	$95

Kick & Play

Group classes are structured so that toddlers and caregivers can establish a friendly routine working together, listening to directions, and engaging in exciting movement and pre-soccer activities.

8 weeks
Instructor: Super Soccer Stars
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	9:15 - 9:55am	1 - 2 yrs.	$128

Little Musketeers Fencing

This toddler class is designed to teach the basic fundamentals of fencing. Fencing is fun, challenging, and a great workout! $35 material fee for equipment rental due first day of class.

8 weeks
Instructor: Swords Fencing Studio Staff
Location: Throop Unitarian Church (300 S. Los Robles Ave, Pasadena)

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	4:45-5:30pm	3-6 yrs.	$85

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Sport!" As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer parents are a part of the action! Kids receive a soccer jersey!

6 weeks
Instructor: Kidz Love Soccer Staff
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Tues.	02/07/2017	4:45 - 5:15pm	2-3.5 yrs.	$83
Tues.	02/07/2017	5:20 - 5:50pm	2-3.5 yrs.	$83

Sports & Fitness

Tiny Pros Soccer

Learn soccer skills while promoting sportsmanship and fun. Using our successful age appropriate curriculum, correct technique is taught in a fun way. Sessions include a small sided game. *No class on 01/21 or 01/22.*

8 weeks
Instructor: Brit West Soccer Staff
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	9:00 - 9:45am	2-3.5 yrs.	$129
Sun.	01/15/2017	9:00 - 9:45am	2-3.5 yrs.	$129
Sat.	01/14/2017	10:00 - 10:45am	3.5-5 yrs.	$129
Sun.	01/15/2017	10:00 - 10:45am	3.5-5 yrs.	$129

Tot Soccer/ Pre-Soccer

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Children will have fun and learn the basic techniques of the game; all while building self-esteem and learning to follow instructions in a nurturing teaching environment. All participants receive a Kidz Love Soccer Jersey! *Shin guards are required after the first meeting.*

6 weeks
Instructor: Kidz Love Soccer Staff
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Tues.	02/07/2017	4:00-4:35pm	3.5-5 yrs.	$83

YOUTH

Dance & Musical

Ballet & Cardio Barre

This class consists of warm-up, toning and stretching using simple ballet and Pilates movements with emphasis on posture, alignment, and correctly working muscle groups. *Fee is $55 for 4 classes or $110 for 8 classes.*

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	7:30 - 8:30 pm	8 yrs. & up	$55

Ballet & Tap

Learn basic ballet and tap techniques with an emphasis on coordination, rhythm and fun. Boys and girls welcome. Dance recital on last day of class. Students need ballet & tap shoes.

7 weeks
Instructor: Donna Gale
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	5:00 - 5:45pm	6 - 12 yrs.	$95

Demi-pointes to the Pointes

Basic ballet moves develop strength, balance, and flexibility. Learn correct techniques to help prepare for pointes. $55 for 4 classes, $110 for 8 classes.

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Thurs.	01/12/2017	6:15-7:15pm	8 yrs. & up	$55

Drums (Beginning)

Proper technique and stick control will be covered as it applies rhythm using a variety of styles, including rock, blues, jazz, funk and pop. A $39 material fee due at first meeting, which covers drum pad and sticks. Please arrive 15 minutes early on first day.

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	5:00 - 5:45 pm	8 - 12 yrs.	$160

Guitar (Beginning)

Learn basic chords, scales, note reading, tab technique, theory and songs! Must supply your own guitar. Guitar rental is available for $34. *$10 material fee is due on first class.*

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	6:30 - 7:15 pm	8 - 12 yrs.	$160

Hawaiian/Polynesian Dancing

Aloha! These beautiful dances from Hawaii and Polynesia will be a meaningful learning experience for all. Teaches coordination, increases confidence and broadens cultural awareness. Please bring a sarong and hula hoop! *To register for Beginning/Advanced class, participants must receive instructor approval.*

7 weeks
Instructor: Lori Andrews
Location: War Memorial Building

BEGINNING/ADVANCED				
Day	**Start Date**	**Time**	**Ages**	**Fee**
Tues.	01/10/2017	4:00 - 5:00pm	3-12 yrs.	$80
INTERMEDIATE				
Day	**Start Date**	**Time**	**Ages**	**Fee**
Fri.	01/13/2017	5:00 - 6:00pm	3-12 yrs.	$80
ADVANCED				
Day	**Start Date**	**Time**	**Ages**	**Fee**
Fri.	01/13/2017	4:00 - 5:00pm	3-12 yrs.	$80

Hip Hop Jazz Dance

Learn popular moves performed by your favorite music video stars. Boys and girls welcome. Dance recital on last day of class.

7 weeks
Instructor: Donna Gale
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2016	4:15-5:00pm	6 - 12 yrs.	$95

Hip Hop/ Choreography

Through cool hip-hop moves and choreography, learn to contract and isolate different muscle groups, improve balance, agility and flexibility. 8 weeks are offered for $110.

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Thurs.	01/12/2017	4:45 - 5:30pm	6 - 12 yrs.	$55

Individual Piano

Learn to read music, recognize notes, read rhythms, understand basic music vocabulary and play songs in this one-on-one half an hour private lesson. Instructor will contact participants for scheduling. Participate in recitals as well. Parents' attendance welcome. $15 material fee.

8 weeks
Instructor: Marina Tahmizian
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	1:30-5:30pm	6 yrs. & up	$225

Piano (Beginning)

Learn the proper technique and beginning fundamentals of the piano. $10 material fee due at first meeting.

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	11:30-12:15pm	7 - 12 yrs	$160

Singing Workshop

Learn the quickest way to a strong voice and sing like a star. Whether you sing Pop, R&B, Country, Rock, or anything in between, the instructor will show you how to do more with your own unique sound, giving you more ways to be creative with the songs you sing. *$10 material fee due at first meeting.*

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	6:30 - 7:15pm	7 - 12 yrs.	$160

Tap (Beginning)

The class consists of simple tap movements that can be combined later in a short pattern. Emphasis on posture, balance, and cardio. Parents and children can take the class together. Fee is $55 for 4 classes , $110 for 8 classes.

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	6:30 - 7:30pm	8 yrs. & up	$55

www.southpasadenaca.gov/classes

Sports & Fitness

Baseball (Intro)

In a coed setting, beginners will learn the basics of throwing, fielding, base running and hitting. Intermediates will learn proper hitting technique, catching fly balls, throwing accuracy, rules and game-winning strategies. Bring a water bottle and baseball glove to class. No class 01/16 or 02/20.

8 weeks
Instructor: Coach Kristen Sports
Location: Garfield Park (North Section)

BEGINNING

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	3:30 - 4:30pm	4 - 7yrs.	$115

INTERMEDIATE

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	4:30 - 5:30pm	5 - 8yrs.	$115

Basketball Fundamentals

Emphasize key aspects of the fundamentals, skill development, and teamwork to play the game of basketball.

8 weeks
Instructor: Corey Hartney
Location: Marengo Elementary School (1400 Marengo Ave, SP)

BEGINNING

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	4:30 - 5:30pm	5 - 9yrs.	$55

INTERMEDIATE

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	3:30 - 4:30pm	10 - 14yrs.	$55

Club Pros Soccer

Club Pros is thirty minutes warm up and skills training followed by small sided game time. Coaching continues during the game, to reinforce technique, tactics and positional play in the game situation. No class 01/21 or 01/22.

8 weeks
Instructor: Brit West Soccer Staff
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	12:00 - 12:45pm	7-9yrs. & 9-12yrs.	$129
Sun.	01/15/2017	12:00 - 12:45pm	7-9yrs.	$129

Fencing (Beginning)

Fencing is fun, challenging, and a great workout!
$35 material fee due first day of class.

8 weeks
Instructor: Swords Fencing Studio Staff
Location: Throop Unitarian Church (300 S. Los Robles Ave, Pasadena)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	5:00 - 6:00pm	5 yrs. & up	$98
Wed.	01/11/2017	5:30 - 6:30pm	5 yrs. & up	$98

Horsemanship

Explore the world of horses! Learn horsemanship, horseback riding, and games on horseback. Helmets will be provided. The group classes are one hour each week for four weeks. Available time slots are Saturdays at 1pm; or Sundays at 1pm. Five spots are available each day.

4 weeks
Instructor: San Pascual Stables Staff
Location: San Pascual Stables (221 San Pascual Ave, SP)

Day	Start Date	Time	Ages	Fee
Sat.	01/07/2017	1:00 - 2:00pm	4 - 7yrs.	$135
Sun.	01/08/2017	1:00 - 2:00pm	4 - 7yrs.	$135

Ice Skating 2B Cool

Five-week beginner group class instruction on ice skating. *Class registration includes 30-minute group lesson, free skate rental, and public skating practice on lesson day.*

5 weeks
Instructor: Pasadena Ice Skating Rink Staff
Location: Pasadena Ice Skating Center [300 E. Green St. Pasadena]

Day	Start Date	Time	Ages	Fee
Thurs.	01/19/2017	4:30 - 5:00pm	6 yrs. & up	$75
Sat.	01/21/2017	12:15 - 12:45pm	6 yrs. & up	$75
Sun.	01/22/2017	1:15 - 1:45pm	6 yrs. & up	$75

Jiu-Jitsu/ Self-Defense

Jiu-Jitsu is an ancient martial arts system composed of throws, chokes, arm locks, and pressure points. Jiu-Jitsu combines standing self-defense techniques and ground fighting.

8 weeks
Instructor: Anthony Grady
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	4:00 - 5:15pm	6-13 yrs.	$30

Kung Fu - Northern Shaolin

Learn Chinese martial arts. Develop dynamic kicking, graceful movements, and effective self-defense techniques.

7 weeks
Instructor: S. Chung
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Fri.	01/13/2017	7:15 - 8:00pm	8-18 yrs.	$40

Tennis (Coach Cornforth)

Please bring unopened can of balls and racquet.
No class on 01/14 or 02/18.

8 weeks
Instructor: D. Cornforth

BEGINNING

Day	Start Date	Time	Ages	Fee
Sat.	01/07/2017	9:00 - 10:00am	7-12yrs.	$70

INTERMEDIATE

Day	Start Date	Time	Ages	Fee
Sat.	01/07/2017	11:00 - 12:00pm	7-12yrs.	$70

Tennis (Coach Sean) NEW

Intro to fundamentals. Forehand, backhand, serve, volley, overhead, rules and etiquette of the game. USTA approved low compression balls are used to enable high percentage tennis, and guarantee success. This is a combined beginner & intermediate class.

10 weeks
Instructor: Sean Taroli
Location: Orange Grove Park Tennis Courts

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	3:30 - 5:00pm	8-11yrs.	$250
Thurs.	01/12/2017	3:30 - 5:00pm	8-11yrs.	$250

Tiny Pros Soccer

Learn soccer skills while promoting sportsmanship and fun. Using our successful age-appropriate curriculum, correct technique is taught in a fun, yet realistic, way. Sessions include a small sided game. *No class 01/21 or 01/22.*

8 weeks
Instructor: Brit West Soccer Staff
Location: Garfield Park (North Section)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	11:00 - 11:45 am	5 - 7 yrs.	$129
Sun.	01/15/2017	11:00 - 11:45 am	5 - 7 yrs.	$129

Art & Instructional

AHA Heartsaver CPR/AED

American Heart Association certified instructor will teach adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. Students who successfully complete this class will receive a certification card valid for 2 years. Materials fee: $17 for 2015 AHA Guidelines textbook due in class.

One 3 hour class
Instructor: Lifesaver Education
Location: Lifesaver Education (1518 Huntington Dr, SP)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	8:00 - 11:00am	10 yrs. & up	$45
Sat.	02/11/2017	8:00 - 11:00am	10 yrs. & up	$45
Sat.	03/11/2017	8:00 - 11:00am	10 yrs. & up	$45

Anime

Beginning: Step by step break down of how to draw cool and fun anime characters! Learn how to draw anime from scratch!
Intermediate: What do you do when you have the simple fundamentals of anime down? You take it to the next level! Learn how to draw more advanced anime poses, add cooler props, more stylish fashion, and much more. Mainly for students who have taken the regular Anime class or warriors who are prepared to handle the pressure of fighting along-side powerful Anime Artist comrades.

8 weeks
Instructor: Isaak Lien
Location: Orange Grove Mid-Level

BEGINNING

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	3:00-4:30pm	10 yrs. & up	$216

INTERMEDIATE

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	10:15-11:45am	10 yrs. & up	$216

Computer Adventure

Develop your basic typing skills and prepare for many years of future computer usage. This course is designed especially for learners who are interested in sharpening their computer skills in Microsoft Office. Explore how Microsoft Word and PowerPoint can give you a head start in basic communication and making slideshows for presentations. $10 lab and supply fee is payable to instructor at first class.

5 weeks
Instructor: AGI Academy Staff
Location: Orange Grove Mid-Level

Day	Start Date	Time	Ages	Fee
Sat.	02/25/2017	12:30 - 1:30pm	All Ages	$88

Critical Reading

This course helps students strengthen their critical reading which is an essential analytical skill for academic success. It involves students to identify information and ideas, as well as to bring outside knowledge, biases and values in order to properly analyze a given text. Students will learn how to enhance their reading comprehension techniques and strategies used to make improvement. A $10 lab and supply fee is due to the instructor at first class.

5 weeks
Instructor: AGI Academy Staff
Location: Orange Grove Mid-Level

Day	Start Date	Time	Ages	Fee
Sat.	02/25/2017	12:30 - 1:30pm	8 - 13 yrs.	$88

Introduction to Ikebana NEW

Tranquility, balance, and elegance are a few words associated with Ikebana. Students will practice the basic style of Ohara Scholl of Japanese flower arrangement. The history and traditions of Ikebana will also be introduced. No prior experience required. *$35 materials fee due at first class. Please bring the following items to class: 9-10" shallow container, garden cutter, and frog needle holder.*

8 weeks
Instructor: Wendy Lai
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	10:30-12:00pm	16 yrs. & up	$80

Introduction to Typing

Develop your child's basic typing skills and prepare them for many years of future usage. Supplemental test and games will be introduced to make learning fun as your child is taught a lifetime skill. A $10 lab and supply fee is due to the instructor at first class.

5 weeks
Instructor: AGI Academy Staff
Location: Orange Grove Mid-Level

Day	Start Date	Time	Ages	Fee
Sat.	01/21/2017	12:30 - 1:30pm	6 - 13 yrs.	$100

Math Workshop

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd – 8th graders. Whether students need help with homework assistance or want to prepare for a test, AGI is here to help. The program not only helps with individual improvement but will also help your student manage overall success in school. $10 material fee is payable to instructor at first class.

5 weeks
Instructor: AGI Academy Staff
Location: Orange Grove Mid-Level

Day	Start Date	Time	Ages	Fee
Sat.	01/21/2017	12:30 - 1:30pm	8 - 13 yrs.	$88

Master Chef Cooking for Kids

Learn the basics of cooking from food preparation to finished products in a fun, interactive environment. If your child has a food allergy, please consult with instructor. $20 lab fee is due at first class.

4 weeks
Instructor: Donna Gale
Location: War Memorial Building Kitchen

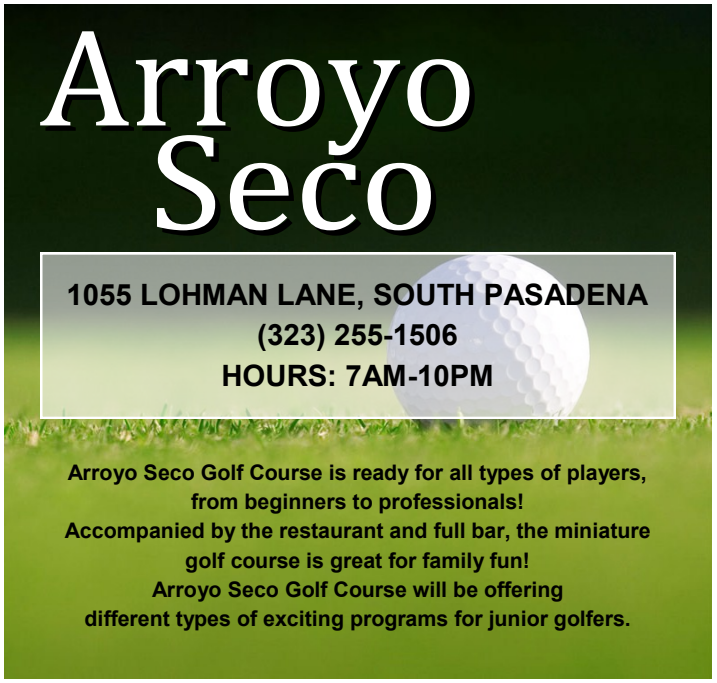
Day	Start Date	Time	Ages	Fee
Thurs.	01/12/2017	4:30 - 6:00pm	5 - 11 yrs.	$100

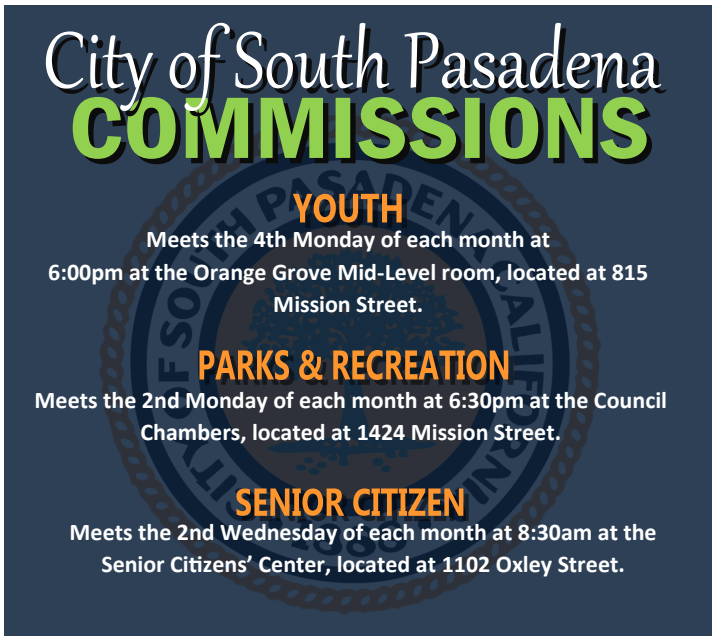
Pet First Aid/ CPR

Protect your dog/cat and learn pet first aid/CPR, rescue breathing, manage choking, bleeding and shock, read vitals and more! First aid materials and hands on instruction provided. Class dates may be subject to change to ensure minimum class sizes. Additional $25 materials fee due in class.

1 day class
Instructor: Yvonna Banzali
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Sun.	01/15/2017	9:30 - 2:30pm	15 yrs. & up	$60





TEENS & ADULTS

Sports & Fitness

Ballet & Cardio Barre

This class consists of warm-up, toning and stretching of the body by using simple ballet and Pilates moves with emphasis on the posture, alignment and correctly working muscles groups. *$55 for 4 classes, 8 classes for $110.*

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	8:15 - 9:15am	Adults	$55

Ballet Cardio/Choreography

Fun workout that strengthens the body, increases balance and flexibility through basic ballet moves and choreography. *$55 for 4 classes, 8 classes for $110.*

4 weeks on-going
Instructor: Elena Behtreva
Location: Pointe by Pointe Dance Studio (1315 Fair Oaks Ave, SP)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	7:30 - 8:30pm	Adults	$55

Horsemanship for Adults

Explore the world of horses! Learn horsemanship, horseback riding, and games on horseback. Helmets will be provided. Five spots are available each day.

4 weeks
Instructor: San Pascual Stables Staff
Location: San Pascual Stables (221 San Pascual Ave, SP)

Day	Start Date	Time	Ages	Fee
Sat.	01/07/2017	2:00 - 3:00pm	Adults	$135
Sun.	01/08/2017	2:00 - 3:00pm	Adults	$135

Kundalini Yoga & Meditation

Kundalini, "the yoga of awareness" uses movement sound currents, breath and meditation to relax and heal your mind and body. The many benefits of Kundalini Yoga include a flexible spine; expanded lung capacity, a strengthened core; improved memory and reduced stress; and a neutral mind. *Please bring a yoga mat.*

8 weeks
Instructor: Fariba Katz
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Thurs.	01/12/2017	7:00 - 8:00pm	13 yrs. & up	$80

Posture Alignment Training NEW

Looking to improve your posture? This class will encourage focus and awareness to strengthen your muscles through various movement ranges. Each exercise will prioritize the alignment of your spinal muscles, joints, and visceral organs. You will better understand how to best use your body, every moment of everyday!

10 weeks
Instructor: Lisa Dauphinais
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	6:00 - 7:00pm	16 yrs. & up	$160

Stretch NEW

Take time for yourself and stretch. Connect with your breath and body while you experience passive and active stretches through a variety of poses. This class will help you to find more space in your body, more mobility in your joints, and will help release muscular tension. The teacher will address your individual needs, making sure you are comfortable holding alignment/form that is correct for your own body.

10 weeks
Instructor: Lisa Dauphinais
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	6:00 - 7:00pm	16 yrs. & up	$160

Tai Chi (Intermediate)

Learn the Yang style of Tai Chi. Short and long forms consist of slow and graceful movements.

10 weeks
Instructor: B. Chan
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Fri.	01/13/2017	8:10 - 9:00pm	Adults	$40

Tennis (Intermediate)

Learn or improve your skills. Bring unopened can of balls and racquet. No class on 01/14 and 02/18.

8 weeks
Instructor: D. Cornforth
Location: Orange Grove Park Tennis Courts

Day	Start Date	Time	Ages	Fee
Sat.	01/07/2017	10:00 - 11:00am	Adults	$70

Dance & Musical

Ballroom Dancing 1

A great way to make new friends and learn the two simple dances of the Waltz and Foxtrot. We alternate between Foxtrot and Waltz every month. No partners required.

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Sun.	01/15/2017	4:30 - 6:00pm	Adults	$48

Ballroom Dancing 2

Introduction to Silver Level. American and International styles with a focus on being a great social dancer. We rotate between the four Ballroom dances every two months.

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Thurs.	01/12/2017	8:00 - 9:15pm	Adults	$48

Ballroom Dancing 3

For the serious social or competitive dancer who wants to be a great social dancer. Dual instructors – 90 minute class. Lots of technique! We rotate between the five international style Ballroom dances every two months.

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Sun.	01/15/2017	3:00 - 4:30pm	Adults	$48

Drums (Beginning)

Proper technique and stick control will be covered as it applies rhythm using a variety of styles, including rock, blues, jazz, funk and pop. A $39 material fee due at first meeting, which covers drum pad and stick. Please arrive 15 minutes early on first day. *No class 01/16 or 02/20.*

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	5:45 - 6:30 pm	13 yrs. & up	$160

Guitar (Beginning)

Learn basic chords, scales, note reading, tab technique, theory and songs! Students must supply their own guitar. Guitar rental is available from ASOM for $34 for the course. $10 material fee is due on first class.

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	7:15 - 8:00pm	13 yrs. & up	$160

Hawaiian/Polynesian Dancing

Aloha! These beautiful dances from Hawaii and Polynesia will be a meaningful learning experience for all. Teaches coordination, increases confidence and broadens cultural awareness. Please bring a sarong!

7 weeks
Instructor: Lori Andrews
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	5:00 - 6:00pm	12 yrs. & up	$80

International Line Dance

Learn all the popular line dance steps in a fun environment. Pay on site, $18 per month. Intermediate level class.

On-going
Instructor: Pauline Wong
Location: Senior Citizens' Center

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	8:00 - 10:00pm	Adults	$18

Piano (Beginning)

These small group classes will introduce standard notation for both treble and bass clefs, as well as proper technique and basic music theory. $10 material fee due on first class.

10 weeks
Instructor: Alhambra School of Music Instructors
Location: Alhambra School of Music (226 E. Main St, Alhambra)

Day	Start Date	Time	Ages	Fee
Sat.	01/14/2017	12:15 - 1:00pm	13 yrs. & up	$160

Salsa Dancing 1

Enio & Terryl, with over 35 years master-level teaching experience and an extensive list of championship titles, will make it easy for you to learn Salsa and to learn the highest levels of lead and follow techniques. No partner required. *No class 01/16 or 02/20.*

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	8:30 - 10:00pm	Adults	$48

Salsa Dancing 2

"Good" Salsa technique required. Class will alternate between two tracks - one month of non-spin patterns. Occasional class outing to local dance club as a group.

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	7:00 - 8:30pm	Adults	$48

Salsa Dancing 3

The class is for the serious Salsa Club dancer. High technique required. Moves from Cuban, Columbian, Puerto Rican-New York and Los Angeles styles will be learned. *No class on 01/16 or 02/20.*

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Mon.	01/09/2017	7:00 - 8:30pm	Adults	$48

West Coast Swing

Easiest dance to learn and can be used anywhere. Whether you want to dance to Rock & Blues from the 60's and 70's, standards from the 40's, Motown, Jazz, Pop or even Hip Hop, this dance will work for you. West Coast Swing is the official State Dance of California.

4 weeks on-going
Instructor: Enio Cordoba & Terryl Jones
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Wed.	01/11/2017	8:30 - 10:00pm	Adults	$48

Zumba

This program is exercise in disguise, everyone will have a blast and not even realize that they are exercising! Will integrate interval resistance training, cardiovascular benefits, total body sculpting targeting gluteus, legs, arms, abdominal and most importantly the heart! *Please register on-line.*

8 weeks on-going
Instructor: Alma Martinez
Location: War Memorial Building

Day	Start Date	Time	Ages	Fee
Tues.	01/10/2017	6:30 - 7:30pm	Adults	$40

CERT

SOUTH PASADENA
Community Emergency Response Team

FREE Training!

To Enroll visit www.SouthPasadenaCa.gov/CERT

In 95% of all emergencies, a neighbor, co-worker, or bystander is the first person at the scene of an emergency. Would you know what to do?

CERT Basic Training
Feb. 18, 25, & Mar. 5, 2017, 8am to 12pm each day.
SP Fire Department - 817 Mound Avenue, South Pasadena
This 12 hour course teaches the CERT Basics including Fire Safety, Disaster Medical Operations, Triage, Size-Up, Search and Rescue, & Hazardous Materials. Must complete all 3 classes to graduate.

CERT - Red Cross "Map Your Neighborhood" Training
Apr. 12, 2017, 7 pm to 9 pm
Library Community Room - 1115 El Centro Street, South Pasadena
This 2 hour "Map Your Neighborhood" training will help empower you and your neighbors to develop a plan where "neighbors help neighbors" until help can arrive. Please bring 1-5 neighbors so that you can work as a team on your plan. HOAs too.

CERT Refresher Training
May 13, 2017, 8am to 12pm
SP Fire Department - 817 Mound Avenue, South Pasadena
This 4-hour course reviews the CERT Basics including Fire Safety, Disaster Medical Operations, Search and Rescue, Hazardous Material, and other Incidents. To attend this class, you must have completed CERT training a year ago, and bring your CERT graduation certificate from your previous training location.

For more information: CERT@southpasadenaca.gov or (626) 403-7300

winter events

To purchase tickets, visit southpasadenaca.gov/events.

DECEMBER

Breakfast with Santa

Saturday, December 10th
9:00am - 11:00am

Join us for entertainment, crafts, pancakes, pajamas and a chance to take your photo with Santa!

Tickets are $15/person.
Children under 2 are free!

JANUARY

Snow Day

Saturday, January 21, 2017
10:00AM – 2:00PM
Garfield Park
1000 Park Ave
Tickets: $10 presale
$15 at the door

Sled Runs ❄ Tot Land ❄ Snow Play

CAMP MED INFORMATION

Orange Grove Park
815 Mission St, SP 91030

SUMMER 2017 REGISTRATION BEGINS IN MARCH!

We provide pick up from Arroyo Vista, Marengo and Monterey Hills Elementary Schools.

Cost: $80/week
Ages: 1st-5th grade

Hours: 2:00pm - 6:15pm (Monday-Thursday),
1:00pm - 6:00pm (Friday)

Applications and the program handbook are available on our website, www.southpasadenaca.gov/recreation.
Our handbook includes a daily schedule, pick up procedures, payment information and special dates.

Senior Center INFORMATION

1102 OXLEY ST SP, CA 91030

Do you need a ride to your medical appointments?
Would you like to speak with a professional about maintaining your independence at home?
Or enjoy a holiday celebration that feels like you are with family?
Would you benefit from a strength and balance course to help you become stronger and feel safer?
Would a daily call on your safety and welfare put your mind at ease?
Would you enjoy attending lectures on history, art & music?

THEN JOIN US AT THE SOUTH PASADENA SENIOR CITIZENS' CENTER

Membership is open to adults age 55 & over.
Yearly membership: $18 per individual or $27 per couple.
Benefits: Newsletter, free classes, lectures, computer lab, e-mail blasts & parking permit.
For social services & referrals, call 626.403.7367
For transportation, call 626.403.7368
For all other matters, call 626.403.7360.
E-Mail: Reservations@southpasadenca.gov

UPCOMING EVENTS & EXCURSIONS

Holiday and Christmas Luncheon
Thursday, December 15th
12pm at War Memorial Building
To make reservations, call Senior Center, 626-403-7360.

Thursday, February 16
Cathedral of Our Lady of the Angels/ Disney Concert Hall
Sales open on January 3 for residents, January 6 for public.
Cost $15 per person.

CITY OF SOUTH PASADENA

DIAL-A-RIDE PROGRAM

South Pasadena Dial-A-Ride is aimed at reducing isolation of seniors and disabled residents of South Pasadena. Transportation services are provided to people 55 years and over and individuals with disabilities (any age) with doctor's certification. Dial-A-Ride provides efficient, comfortable , and reliable transportation.

Hours of operation: Monday-Friday 8:00am-5:00pm
Last pick up at 4pm.

Operation Limits

Transportation is provided to and from any location within the city limits as well as to Huntington Memorial Hospital in Pasadena and surrounding medical offices. Monthly trips are scheduled to Target, Santa Anita Mall & Costco.

Registration & Ridership Fee

Registration for Dial-A-Ride is required, you can sign up in person, or by mail.
A fee of .50 cents for each way ($1.00 round trip).
Pre-paid coupon cards are available for purchase.

Accessibility

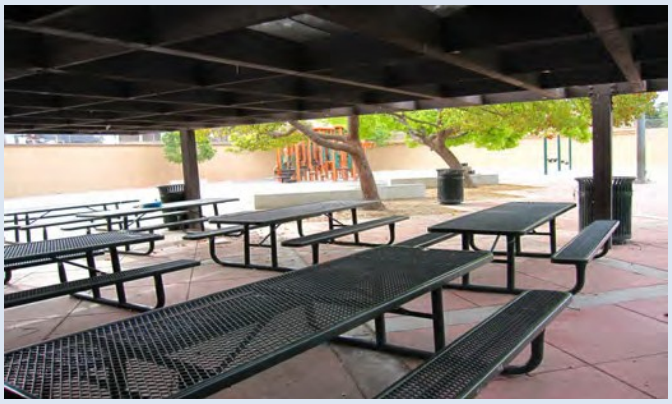
Dial-A-Ride vehicles are fully wheelchair accessible. Disabled individuals, who require a Personal Care Attendant, may have the attendant accompany them at no cost. For riders with difficulty hearing or communicating verbally over the phone, please make use of the 711 relay call service.

For more information, please call (626) 403-7368 or stop by the South Pasadena Senior Center located at 1102 Oxley Street.

Parks & Facilities

Orange Grove Park
Mission Street at Orange Grove Ave

Orange Grove Park is located at Mission Street and Orange Grove Avenue. One of the City's older parks, Orange Grove Park is an active recreation park with facilities that include lighted softball and soccer fields, two lighted tennis courts, a small playground, and a picnic area.



Rental Information
Hours: 10am-6pm (Apr-Oct) 9am-5pm (Nov-Mar)
$75/ 4 hour time block
To reserve, contact Recreation Division (626) 403-7380.

Orange Grove Park Recreational Center
815 Mission Street

A small meeting room is available for rental at the Orange Grove Recreation Center mid-level. Amenities include tables, chairs and a restroom.
Capacity: 20-25

Senior Citizens' Center & Library Park
1102 Oxley Street

Built in 1982, the Senior Center offers the multi-purpose room for rental. Amenities include tables, chairs, kitchen, restroom, and patios. The Conference Room is available as well and can accommodate 20 to 25 people. To check available dates, contact the Recreation Division at (626) 403-7380.
Capacity: 80 Banquet Style

Rental Information
Saturdays and Sundays only from 4:30pm-10:00pm
$250 refundable deposit
$75/hour
+ non-refundable insurance (TBD)

War Memorial Building & Oak Lawn Park
435 Fair Oaks Avenue

The War Memorial Building was built in 1921 and is identified as a city cultural heritage landmark. The upper floor of the building includes a kitchen and a large multi-purpose room for dancing, meetings, banquets and other activities for groups up to 220 people.
Capacity: 150 Banquet Style
220 Assembly Style

Rental Information
$500 refundable deposit
$165/ hour (without alcohol); $190/hour if alcohol is served
+ non-refundable insurance (TBD)

The above fees are individual rates. Please inquire for business or non-profit rates (626) 403-7382.

Arroyo Park
Stoney Drive at San Pascual Avenue

Arroyo Park, located on the north side of the Pasadena 110 Freeway includes a barbecue and picnic areas, playground, five lighted baseball diamonds, four lighted soccer fields, a skate park, batting cages, a golf course, miniature golf, a driving range, horse stables, Arroyo Seco Woodland and Wildlife Park, and a tennis and racquetball center.

Garfield Park
1000 Park Ave

Garfield Park is seven acres of improved park and includes playground equipment, two lighted tennis courts, picnic areas, groomed parkland, a rose garden, the Children's Memorial and Healing Garden, and the Youth House.

Rental Information
Hours: 10am-6pm (Apr-Oct) 9am-5pm (Nov-Mar)
$75/ 4 hour time block (per gazebo)
To reserve, contact Recreation Division (626) 403-7380.

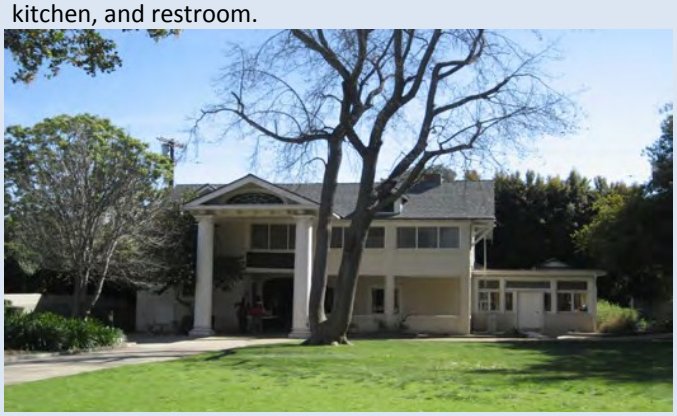
Garfield Park Youth House
625 Stratford Avenue

The Garfield Park Youth House includes amenities such as tables, chairs, a kitchenette, restroom, beautifully landscaped grounds, and a fire pit. Capacity: 40

Rental Information
Saturdays only. Alcohol is prohibited.
$250 refundable deposit, + non-refundable insurance (TBD)
$120 for 3-hour block (birthday parties), or $55/hour

Eddie House
2017 Edgewood Drive

The two-story Eddie House and grounds were donated to the city by the Eddie family. The 2,200-square foot building is an example of transitional Craftsman architecture. Only the first floor is utilized as a meeting place for various groups and programs. Amenities include tables, chairs, a kitchen, and restroom.



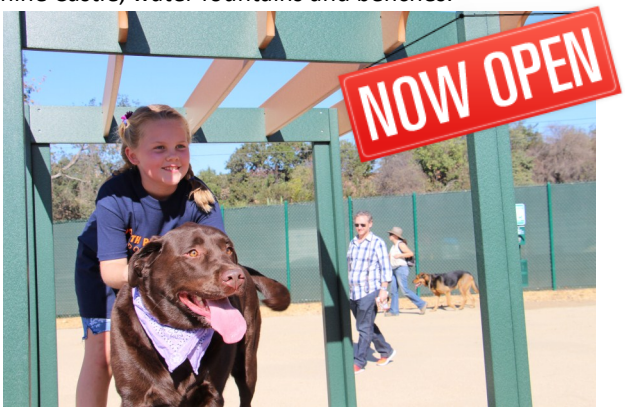
Eddie Park
Edgewood Drive at Chelten Way

Eddie Park is located on the southeast corner of Edgewood Drive and Chelten Way and includes the historic Eddie House and an open lawn area and small play area. The park is framed by a three-foot high brick wall.

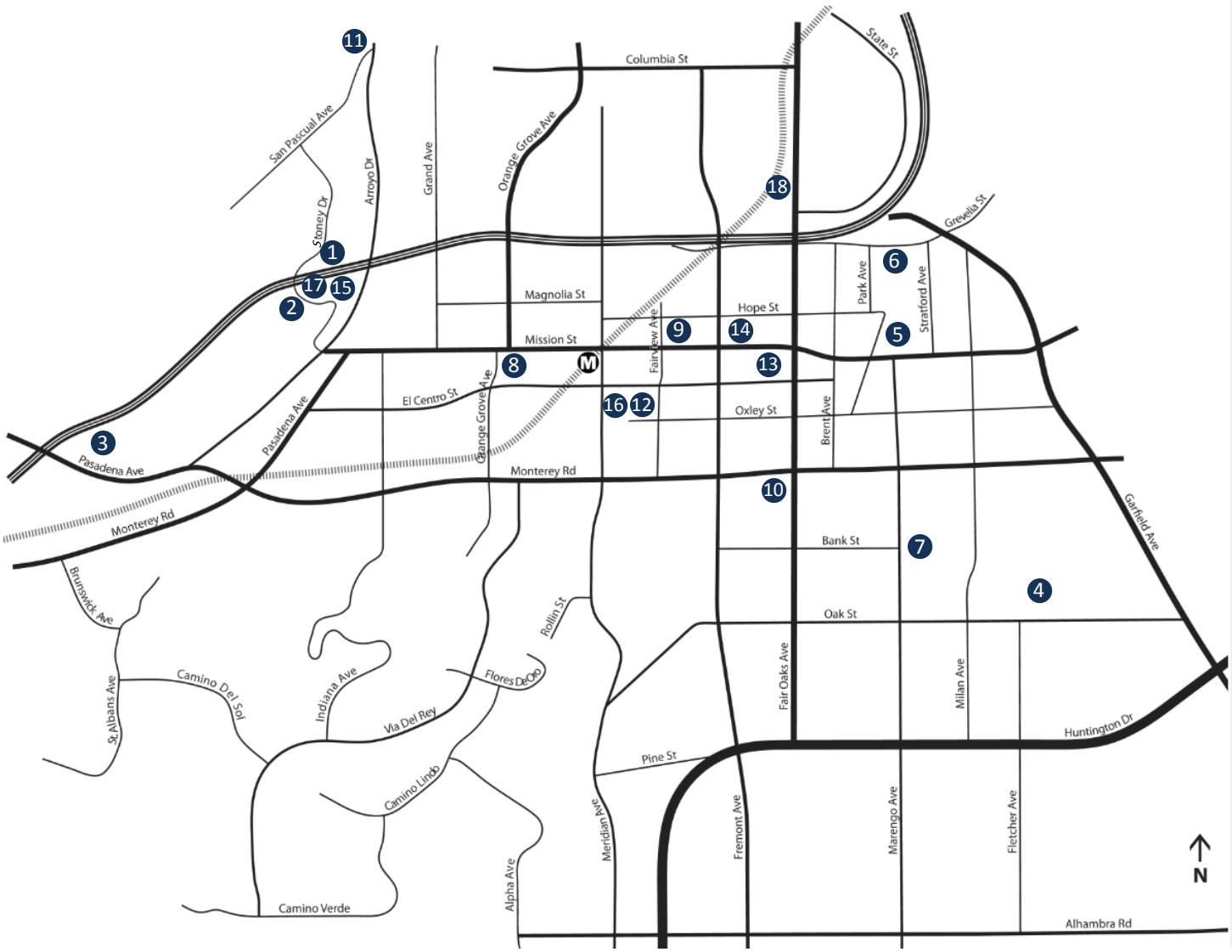
This park cannot be reserved, it is on a first-come, first- served basis.

South Paws-adena Dog Park
650 Stoney Drive

The South Paws-adena Dog Park is now open! The park hours are from 6:00am - 10:00pm. Amenities include: Canine Castle, water fountains and benches.



MAP



1 **ARROYO PARK**
614 Stoney Drive

2 **ARROYO SECO GOLF COURSE**
1055 Lohman Lane

RACQUET CENTER
1055 Lohman Lane

3 **ARROYO WOODLAND & WILDLIFE PARK**
Pasadena Ave. before the York Blvd. Bridge

4 **EDDIE PARK/ EDDIE PARK HOUSE**
2017 Edgewood Drive

5 **GARFIELD PARK**
1750 Mission Street

6 **GARFIELD PARK YOUTH HOUSE**
625 Stratford Avenue

7 **MARENGO ELEMENTARY SCHOOL**
1400 Marengo Avenue

8 **ORANGE GROVE PARK/**
ORANGE GROVE PARK RECREATION CENTER/
ORANGE GROVE MID-LEVEL
815 Mission Street

9 **PAYKE GYMNASTICS ACADEMY**
1122 Mission Street

10 **POINTE BY POINTE DANCE STUDIO**
1315 Fair Oaks Avenue, Unit 104

11 **SAN PASCUAL STABLES**
221 San Pascual Avenue

12 **SENIOR CITIZENS' CENTER**
1102 Oxley Street

13 **SOUTH PASADENA MUSIC CENTER &**
CONSERVATORY
1509 Mission Street

14 **SOUTH PASADENA CITY HALL**
1414 Mission Street

SOUTH PASADENA FIRE DEPARTMENT
817 Mound Avenue

SOUTH PASADENA POLICE DEPARTMENT
1422 Mission Street

15 **SOUTH PASADENA BATTING CAGES**
660 Stoney Drive

SOUTH PASADENA SKATE PARK
660 Stoney Drive

16 **SOUTH PASADENA PUBLIC LIBRARY**
1100 Oxley Street

17 **SOUTH PAWS-ADENA DOG PARK**
650 Stoney Drive

18 **WAR MEMORIAL BUILDING**
435 Fair Oaks Avenue

LEISURE CLASS REGISTRATION

Online December 1- January 20

1. Visit the City's website at **www.southpasadenaca.gov/classes.**
2. This will take you to our online registration page. Click on **REGISTER ON-LINE.**
3. Click on **Register for Activities**.
4. Expand the 2016 Winter menu tree to view classes.

Interested in teaching a class?
If you are interested in teaching a leisure class through the Recreation Division, please call (626) 403-7382 to request a Leisure Class Proposal Packet.

Mail-in December 1 - January 20

Registrations may be mailed to the following address:
City of South Pasadena
Recreation Division
815 Mission Street
South Pasadena, California 91030

Registrations postmarked prior to December 1 will not be accepted. Mail completed registration form along with a credit card number or check payable to the City of South Pasadena.

Fax-in December 1 - January 20

Fax completed registration form with credit card information beginning December 1 to 626-799-4920.

Phone-in December 12 - January 20

Call 626-403-7380 Monday-Friday between 1:30pm and 4:00pm beginning December 12. Please have your class selections and credit card information ready.

Walk-in December 12 - January 20

Walk in registrations are accepted Monday-Friday between 11:00am and 6:00pm beginning December 12 at the Recreation Division office. We accept payment in cash (exact amount only), check payable to the City of South Pasadena, and credit card.

Classes begin the week of January 9, 2017!
Registration ends January 20th.

**Class start date is specified in description if not occurring during the week of January 9th.*

For more information about classes or registration, please call the Recreation Division office at 626-403-7380.

Parks and recreation make lives and communities better now and in the future by providing access to:

- The serenity and inspiration of nature
- Outdoor space to play and exercise
- Facilities for self-directed and organized recreation
- Positive alternatives for youth which help lower crime and mischief
- Activities that facilitate social connections, human development, therapy, the arts and lifelong learning

Parks Make Life Better!

CITY OF SOUTH PASADENA
Recreation Division
815 Mission Street
South Pasadena, CA 91030
(626) 403-7380

Registration Form

RECEIPT NO. _____
Office Use Only

PARENT/ADULT INFORMATION

First Name_____ Last Name_____

Address _____

City_____ State _____ Zip Code _____

Daytime Phone_____ Evening Phone _____

Email Address _____

PARTICIPANT INFORMATION

PARTICIPANT NAME	DATE OF BIRTH	CLASS NAME	DAY	TIME	FEE

TOTAL	

New cancellation policy, please see below for more information.

PAYMENT

☐ CASH

☐ CHECK
(Payable to the City of South Pasadena)

☐ CREDIT CARD

☐VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS ☐ DISCOVER

Card Number _____ Exp. Date _____

Signature _____

If you wish to register by mail, please complete the form and mail with your payment to:
City of South Pasadena, Recreation Division, 815 Mission Street, South Pasadena, CA 91030

All information and payment are required for registration to be accepted. December 1 to January 20 priority registration is based on postmark or fax date. Registrations will be rejected if postmarked or faxed before December 1 Confirmations will be mailed or provided within 1 to 2 days of receipt. Open registrations are accepted December 12 to January 20. Thank you for your registration.

Refunds will be granted if participant notifies the Community Services Department of the cancellation before the start of the second class, less a **$15.00** handling fee. 100-percent refunds will be made if class is cancelled by the Department. **NO REFUNDS OR EXCHANGES WILL BE GRANTED ONCE SECOND CLASS HAS STARTED**.

I hereby give permission for images of my child, captured during the City of South Pasadena's Leisure Classes through video, photo and digital camera, to be used solely for the purposes of promotional material and publications, and waive any rights of compensation or ownership thereto.

I agree to defend, indemnify and hold the City of South Pasadena, its employees and agents, harmless from and against any and all loss, damage, injury, demand, liability and cause of action arising from or in any manner connected to the participation of

Name of Participant_____ Class Name _____

Signature_____ Date _____