

**May 7, 2026**

FOR IMMEDIATE RELEASE

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## **Subject: South Pasadena Announces Healthy Aging Fair in Celebration of Older Americans Month**

South Pasadena, Calif. – The City of South Pasadena invites the community to celebrate Older Americans Month at the Annual Healthy Aging Fair, taking place on Wednesday, May 20, 2026, from 9:30 a.m. to 12:00 p.m.

This engaging and informative event is designed to support and celebrate older adults by promoting health, wellness, and active living. Attendees will have the opportunity to explore a wide range of health and wellness booths tailored specifically for older adults, connect with local service providers, and learn about valuable community resources.

The Healthy Aging Fair will also feature free health screenings, interactive activities, and exciting raffle prizes, offering a fun and welcoming environment for participants to engage, learn, and connect.

### **Event Highlights Include:**

- **Health and Wellness Booths:** A variety of local organizations offering resources and services for older adults
- **Free Healthy Screenings:** Opportunities to check key health indicators and receive guidance from professionals
- **Raffle Prizes & Activities:** Enjoy giveaways and interactive experiences throughout the event

The Healthy Aging Fair is proudly sponsored by the South Pasadena Citizen's Foundation of South Pasadena. For more information, please contact the Senior Center at (626) 403-7360 or [seniorcenter@southpasadenaca.gov](mailto:seniorcenter@southpasadenaca.gov)

### **About the City of South Pasadena**

The City of South Pasadena is a charming community, situated only six miles from downtown Los Angeles. Called the City of Trees, the area is known for its stunning homes, unique small businesses, and top-quality schools. South Pasadena's diverse population of about 25,000 occupies a mere 3.44 square miles of flatlands and hillsides on the west side of the San Gabriel Valley. This small-town atmosphere makes South Pasadena one of California's most desirable locations.

For more information about the City of South Pasadena, visit [www.southpasadenaca.gov](http://www.southpasadenaca.gov). Follow us on social media to keep up with the latest news: [Facebook](#), [X](#), [Instagram](#), and [YouTube](#).

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