



City of

**SOUTH
PASADENA**

RECREATION GUIDE

2025-2026 Winter | December 1, 2025 - February 28, 2026 | southpasadenaca.gov/recreation



**Parks
Make
Life
Better!**



City Officials

Janet Braun Mayor
Sheila Rossi Mayor Pro Tem
Michael A. Cacciotti Councilmember
Omari Ferguson Councilmember
Jon Primuth Councilmember

City Hall

1414 Mission Street
Monday - Friday; 7:30 a.m. to 6 p.m.

General Information: (626) 403-7200

Commission

Community Services Commission

Meets the 2nd Monday of each month at 6:30 p.m. at the Council Chambers - 1424 Mission Street.

Community Services Department

Senior Services & Transit Divisions

1102 Oxley Street
Monday - Friday; 8 a.m. to 5 p.m.

General Information: (626) 403-7360
Transit (Dial-A-Ride): (626) 403-7368
Email: seniorcenter@southpasadenaca.gov

Recreation Division

Orange Grove Recreation Center
815 Mission Street
Monday - Friday; 10 a.m. to 6 p.m.

General Information: (626) 403-7380
Class Registration: (626) 403-7380
Camp Med: (626) 403-7382
Facility Rentals: (626) 403-7380
Email: recreation@southpasadenaca.gov

Want to receive the Recreation Guide via email?

Provide your email address to receive the Community Services Recreation Guide by calling (626) 403-7380 or by sending an email to recreation@southpasadenaca.gov.

Interested in teaching a class?

If you are interested in teaching a class through the Recreation Division, email Community Services Supervisor, Nathalie Wilcox, nwilcox@southpasadenaca.gov to request a Class Proposal Packet.



If Visit our website at www.southpasadenaca.gov to view extensive information on City services, departments, officials, and programs.



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City of
**SOUTH
PASADENA**

COMMUNITY SERVICES

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REGISTRATION INFORMATION

WAYS TO REGISTER:



IN-PERSON:

Monday - Thursday from 10 a.m. to 6 p.m. at the Recreation Office 815 Mission Street.



ONLINE:

southpasadenaca.gov/classes



PHONE:

Call (626) 403-7380 Monday - Friday from 10 a.m. to 6 p.m.

IMPORTANT DATES:

- 11/01** 2025-2026 Winter Session Class Registration Begins
- 12/01** 2025-2026 Winter Session Begins
- 02/01** 2026 Spring Session Class Registration Begins
- 02/28** 2025-2026 Winter Session Ends
- 03/01** 2026 Spring Session Begins

Effective May 1, 2023 the Community Services Department accepts payments with a credit/debit card (subject to a 3% credit/debit card fee), personal check, or cash (no transaction fee).

HOW TO REGISTER ONLINE:

Register online in a couple easy steps!

- ① Visit the City's website at www.southpasadenaca.gov/classes
- ② Click "Register for 2025-2026 Winter Classes"
- ③ Select desired age category to view class offerings
- ④ Click the class link and account member to sign up

Need help creating an account? Contact the Recreation Division at (626) 403-7380.

RECREATION GUIDE ACTIVITY KEY

CLASS TITLE	Mommy/Daddy & Me Soccer				
DESCRIPTION	Introduce your toddler to the world's most popular sport! As you participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field and in Mommy/Daddy & Me Soccer parents are a part of the action! Participants receive a Kidz Love Soccer jersey. <i>Class is held on the North side of park.</i>				
INSTRUCTOR	Kidz Love Soccer		Garfield Park		CLASS NOTES
					LOCATION
	2-3.5 Yrs	4/7-5/5	4:40-5:10 p.m.	Tu	\$85
	2-3.5 Yrs	4/7-5/5	5:15-5:45 p.m.	Tu	\$85
	2-3.5 Yrs	5/26-6/23	4:40-5:10 p.m.	Tu	\$85
	2-3.5 Yrs	5/26-6/23	5:15-5:45 p.m.	Tu	\$85
AGE RANGE	DATES	TIME	DAY	FEE	



TOT CLASSES



**Register
Online**

southpasadenaca.gov/onlinereg



**More
Information**

(626) 403-7380

TOT CLASSES



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Want more from @southpasadenarec?
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know about programming & events!

DANCE

Tot Ballet & Tap

Learn the basic ballet and tap techniques in a safe in-person class, taught by Ms. Donna Gale, with an emphasis on coordination, rhythm, and fun. Boys and girls welcome. Dance recital on the last day of class. Students need ballet and tap shoes.

Ms. Donna Gale War Memorial Building
3-5 Yrs 1/12-2/16 3:30-4:15 p.m. M \$120

MUSIC

KinderMusik Mixed Ages

Discover an engaging musical world with your child through singing, moving, listening, play small age-appropriate instruments, and making friends! With the Digital Family Access (home material), which includes class songs and other albums, narrated eBooks, and activity videos, you can create more magical bonding times anywhere you are. \$25 material fee per family is required via check, Zell, or bank online transfer.

Emily Chang War Memorial Building
Birth-6 Yrs 1/5-2/2 10-10:45 a.m. M \$119

SPORTS

Brit West Soccer - Tiny Pros

Fun, age-appropriate soccer games help kids learn kicking and shooting skills. As they improve, small-sided games let them practice in real play while building confidence, coordination, friendship, and a love for soccer. *No class: 12/27, 12/28, 1/3, & 1/4.

Brit West Soccer				Garfield Park
2-3.5 Yrs	12/6-2/7*	9-9:35 a.m.	Sa	\$200
3.5-4 Yrs 11mos	12/6-2/7*	9:40-10:25 a.m.	Sa	\$200
2-3.5 Yrs	12/7-2/8*	9-9:35 a.m.	Su	\$200
3.5-4 Yrs 11mos	12/7-2/8*	9:40-10:25 a.m.	Su	\$200

Payke Gymnastics - Parent and Me

This class is designed for the introduction of fundamental skills of gymnastics on the floor, vault, bars, beam, trampolines and the development of basic and fine motor skills. Parent participation is required. Class held at Payke Academy - 107 S. Garfield Ave., Alhambra.

Payke Staff Payke Gymnastics Academy
1.5-3 Yrs 12/2-2/24 10-10:45 a.m. Tu \$420

Payke Gymnastics - Tiny Stars

This class is designed for the introduction of fundamental skills of gymnastics on the floor, vault, bars, beam, trampolines and the development of basic and fine motor skills. Parent participation is required. Class held at Payke Academy - 107 S. Garfield Ave., Alhambra.

Payke Staff Payke Gymnastics Academy
3-4 Yrs 12/4-2/26 10-10:45 a.m. Th \$420

Persistence Gymnastics - Twinkle Stars

This is a Parent "n" Me class. It is for ages 1.5-3.5 yrs. The coach will lead the parent and child to explore the gymnastics events together. This is a great way to introduce your toddler to the world of gymnastics. Class held at Persistence Gymnastics - parking available at 1126 El Centro, South Pasadena. *No makeups.

Persistence Staff Persistence Gymnastics
1.5-3.5 Yrs 12/2-2/24 3:30-4:15 p.m. Tu \$525

Persistence Gymnastics - Twinkle Stars

This is a Parent "n" Me class. It is for ages 1.5-3.5 yrs. The coach will lead the parent and child to explore the gymnastics events together. This is a great way to introduce your toddler to the world of gymnastics. Class held at Persistence Gymnastics - parking available at 1126 El Centro, South Pasadena. *No makeups.

Persistence Staff Persistence Gymnastics
1.5-3.5 Yrs 12/2-2/24 3:30-4:15 p.m. Tu \$525

Super Soccer Stars - Parent & Me

Super Soccer Stars teaches soccer skills in a fun, non-competitive setting that builds confidence and teamwork through age-appropriate lessons and positive coaching. Class is held on the north end of park. Soccer ball is required.

Super Soccer Stars Garfield Park
1-2 Yrs 1/14-2/25 9:15-9:55 a.m. W \$175

Super Soccer Stars

Super Soccer Stars teaches soccer in a fun, non-competitive setting that builds confidence and teamwork. With small class sizes and positive coaching, kids learn and grow at their own pace while having a blast! Class is held on the north end of park. Soccer ball is required.

Super Soccer Stars				Garfield Park
2-3 Yrs	1/14-2/25	10-10:40 a.m.	W	\$175
3-4 Yrs	1/14-2/25	10:45-11:30 a.m.	W	\$175
3-5 Yrs	1/14-2/25	2:10-2:55 p.m.	W	\$175

Skyhawks CheerTots

Get ready to rally with Skyhawks Cheerleading! Kids learn cheers, jumps, and movements (all stunt-free) while building teamwork and leadership skills. The program ends with a fun group performance. Class is held at Garfield Park South, located on grassy area south of Tennis Courts. *No class: 12/29 & 1/19.

Skyhawks Garfield Park
3-5 Yrs 12/8-2/9* 3:30-4:10 p.m. M \$199

Skyhawks GolfTots

Swing into Skyhawks GolfTots, powered by Payne Stewart Golf! Young players learn putting, chipping, and other basics through fun, game-based activities using kid-friendly equipment. Perfect for beginners or those building skills. Class is held at Garfield Park South, located on grassy area south of Tennis Courts. *No class: 12/27 & 1/3.

Skyhawks Garfield Park
3-6 Yrs 12/6-2/7* 9:30- 10:10 a.m. S \$199

Skyhawks Volleyball

Bump, set, and spike with Skyhawks Volleyball! Players build skills in passing, setting, hitting, and serving while learning teamwork and leadership in a fun, supportive environment. Class is held at Garfield Park South, located on grassy area south of Tennis Courts.

Skyhawks Garfield Park
4-6 Yrs 1/14-2/18 3:30-4:10 p.m. W \$155

Skyhawks BaseballTots

Step up to the plate with BaseballTots! These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots is a great way to introduce baseball to young kids! Parent participation is required with children 3.5 years and younger. Class is held at Garfield Park North Section A, located on grassy area east of Tennis Courts. *No class: 12/25 & 1/1.

Skyhawks				Garfield Park
2-3.5 Yrs	12/4-1/15*	3:30-4:10 p.m.	Th	\$140
3.6-5 Yrs	12/4-1/15*	4:20-5:00 p.m.	Th	\$140
2-3.5 Yrs	1/29-2/26	3:30-4:10 p.m.	Th	\$140
3.6-5 Yrs	1/29-2/26	4:20-5:00 p.m.	Th	\$140

Skyhawks Multi-Sport Tots

Begin an athletic journey with Multi-SportTots! Kids explore soccer, baseball, and flag football through fun, age-appropriate activities that build balance, coordination, and teamwork. Parent participation required for children 3.5 and younger. Class is held at Garfield Park North Section B, located on grassy area east of Tennis Courts. *No class: 12/27 & 1/3.

Skyhawks				Garfield Park
2-3.5 Yrs	12/6-2/14*	9-9:40 a.m.	Sa	\$199
3.5-5 Yrs	12/6-2/14*	9:50-10:30 a.m.	Sa	\$199

Skyhawks Pickleball

Get in the game with Skyhawks Pickleball! Players learn and improve skills like groundstrokes, volleys, and serves in a fun setting that promotes teamwork, sportsmanship, and confidence. *No class: 12/25 & 1/1.

Skyhawks				Garfield Park
4-6 Yrs	12/4-1/15*	3:30-4:20 p.m.	Th	\$155
4-6 Yrs	1/29-2/26	3:30-4:20 p.m.	Th	\$155

Skyhawks Tennis

Serve up fun with Skyhawks Tennis! Players build forehand, backhand, and scoring skills through drills and match play while developing sportsmanship and perseverance. *No class: 12/30.

Skyhawks				Garfield Park
4-6 Yrs	12/9-1/13*	3:30-4:20 p.m.	Tu	\$155
4-6 Yrs	1/27-2/24	3:30-4:20 p.m.	Tu	\$155



YOUTH CLASSES



**Register
Online**

southpasadenaca.gov/onlinereg



**More
Information**

(626) 403-7380

YOUTH CLASSES



Follow us on
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Want more from @southpasadenarec?
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know about programming & events!

COOKING

Master Chef

Learn the basics of cooking from food preparation to finished dishes in an in-person class taught by Ms. Donna Gale! Vegan and Vegetarian friendly! If your child has a food allergy, please consult with instructor. Class is subject to change due to COVID-19 restrictions. \$25 material fee (CASH ONLY) paid to instructor on first day of class.

Ms. Donna Gale War Memorial Building
5-11 Yrs 1/15-2/5 4-5:30 p.m. Th \$120

Music

Individual Piano

Your children will have a great opportunity to experience the joys of music through piano classes specially designed for young children. Students ages 6 and up will learn to read music, recognize notes and rhythms, understand basic music vocabulary and play a variety of pieces in one-on-one, half an hour private lessons. The students will also participate in recitals. The class is offered by Marina Tahmizian M.A. Ed and she will contact the students to schedule their 30-minute time slot. Material fee: \$25 due to instructor on the first day of class.

Marina Tahmizian Orange Grove Midlevel
6+ Yrs 1/3-2/28 2:30-5 p.m. Sa \$320

SPORTS

Basketball Fundamentals - Beginners

Class instructor will emphasize key fundamentals necessary to play the game of basketball.

Participants will learn footwork, ball-handling, dribbling, passing, catching, shooting, defense, rebounding, fast breaks as well as sportsmanship and enjoyment. Please bring your own basketball, water bottle, and wear light attire. Class is held at South Pasadena Middle School Outdoor Basketball Courts - 1500 Fair Oaks Ave., South Pasadena.

Corey Hartney SPMS Outdoor Basketball Court
5-9 Yrs 12/6-12/20 4-5 p.m. Sa \$110
5-9 Yrs 1/3-1/24 4-5 p.m. Sa \$140
5-9 Yrs 2/7-2/28 4-5 p.m. Sa \$140

Basketball Fundamentals - Intermediate

Class instructor will emphasize key fundamentals necessary to play the game of basketball. Participants will learn footwork, ball handling, dribbling, passing, catching, shooting, defense, rebounding, fast breaks, as well as sportsmanship and enjoyment. Please bring your own basketball, water bottle, wear light attire and bring basketball shoes. Class is held at South Pasadena Middle School Outdoor Basketball Courts - 1500 Fair Oaks Ave., South Pasadena.

Corey Hartney SPMS Outdoor Basketball Court
10-14 Yrs 12/6-12/20 3-4 p.m. Sa \$110
10-14 Yrs 1/3-1/24 3-4 p.m. Sa \$140
10-14 Yrs 2/7-2/28 3-4 p.m. Sa \$140

Brit West Soccer - Club Pros (5-6)

Athletes will develop dribbling, passing, turning and shooting through small group practices. We also introduce basic soccer rules and terms. Each session ends with a small-sided soccer game to put learned skills into the game situation and develop positional play. *No class: 12/27, 12/28, 1/3, & 1/4.

Brit West Soccer Garfield Park
5-6 Yrs 11 mos 12/6-2/7* 10:30-11:15 a.m. Sa \$200
5-6 Yrs 11 mos 12/7-2/8* 10:30-11:15 a.m. Su \$200

Brit West Soccer - Club Pros (7-11)

Coaching becomes more team oriented as the player's skill progress. Team formations and strategies in attacking and defensive situations are introduced. Technique is coached in more realistic situations where thinking and decision-making are encouraged. Players continue to improve fitness, speed, strength and coordination through soccer related exercises. *No class: 12/27, 12/28, 1/3, & 1/4.

Brit West Soccer Garfield Park
7-11 Yrs 11 mos 12/6-2/7* 11:15-12 p.m. Sa \$200
7-11 Yrs 11 mos 12/7-2/8* 11:15-12 p.m. Su \$200

Fencing

This class will introduce new and familiar students to the amazing Olympic sport of fencing. All basic technique, strategy, and bouting will be covered and supervised. Participants will practice what they learn with all necessary safety equipment and bout with each other so that if they wish to continue, they will be able to do so at a more competitive level. Fencers are expected to wear tennis shoes, long sleeves, and athletic pants. Equipment rental fee for the 8-week session is \$35 and due at first class. Class held at Sword Fencing Studio - 2515 E. Washington Blvd., Pasadena.

Sword Fencing Studio Staff Sword Fencing Studio
5-14 Yrs 12/2-1/6 5-6 p.m. Tu \$225
5-14 Yrs 1/13-2/17 5-6 p.m. Tu \$225

Goshin Ju Jitsu

Goshin Jujutsu is a modern self-defense-oriented style of jujutsu that tends to be more well rounded, and provides a complete system. As there is no single creator of Goshin Jujutsu, per se, the name of the style refers to systems which are rooted in traditional Jujutsu, but also draw from Akido, Judo and Karate Do. The student is taught a continuous and on-going system that builds on itself. It presents situations that address different distances, different levels of aggression, and different levels of response.

Anthony Grady War Memorial Building
8-17 Yrs 1/7-2/25 4-5:30 p.m. W \$110

Payke Gymnastics - New Stars

This class is designed to teach girls fundamental and level 1-3 skills of gymnastics on the floor, vault, bars, beam, and trampolines. Class held at Payke Academy - 107 S. Garfield Ave., Alhambra.

Payke Staff Payke Gymnastics Academy
5-7 Yrs 12/3-2/25 4-5 p.m. W \$510

Payke Gymnastics - Beginner Gymnastics for Boys

This class is designed to teach fundamental and level 1-2 skills of gymnastics on the floor, vault, bars, rings, pommel horse, & trampolines. Class held at Payke Academy - 107 S. Garfield Ave., Alhambra.

Payke Staff Payke Gymnastics Academy
5-12 Yrs 12/2-2/24 4-5 p.m. Tu \$510

Payke Gymnastics - Shinning Stars

This class is designed to teach girls fundamental and level 1-3 skills of gymnastics on the floor, vault, bars, beam, and trampolines. Class held at Payke Academy - 107 S. Garfield Ave., Alhambra.

Payke Staff Payke Gymnastics Academy
5-12 Yrs 12/3-2/25 5-6 p.m. W \$510

Persistence Gymnastics - Meteor

This beginner-level class is structured for the younger elementary school aged child to learn patience and skills using exercise stations and strength drills. The coach will led this class and introduce all the gymnastics events and challenge them to try new skills on their own. Class held at Persistence Gymnastics - parking available at 1126 El Centro, South Pasadena. *No makeups.

Persistence Staff Persistence Gymnastics
5-7 Yrs 12/2-2/24 5-6 p.m. Tu \$525

Persistence Gymnastics - Comet

This beginner-level class is structured for the younger elementary school aged child to learn patience and skills using exercise stations and strength drills. The coach will led this class and introduce all the gymnastics events and challenge them to try new skills on their own. Class held at Persistence Gymnastics - parking available at 1126 El Centro, South Pasadena. *No makeups.

Persistence Staff Persistence Gymnastics
8-11 Yrs 12/2-2/24 6-7 p.m. Tu \$525

THE SKATESIDE - Beginner

Focusing on safety and skateboard fundamentals, this class is fantastic for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Instructors allow students to learn at their own pace or be motivated by the group. Great for friends and siblings! Skateboard, helmet, elbow pads, knee pads, and wrist guards are required.

THE SKATESIDE South Pasadena Skate Park
4-16 Yrs 12/7-12/21 9-10:20 a.m. Su \$215
4-16 Yrs 1/4-1/25 9-10:20 a.m. Su \$259
4-16 Yrs 2/1-2/22 9-10:20 a.m. Su \$259

YOUTH CLASSES



THE SKATESIDE - Intermediate

Advance your skateboarding skill and have fun. Instructors allow students to learn at their own pace or be motivated by the group. Great for friends or siblings! Intermediate skaters must be able to comfortably use the skateboard for transportation, drop in on a quarter pipe, and kick turn on a quarter pipe. *Skateboard, helmet, elbow pads, knee pads, and wrist guards are required.*

THE SKATESIDE		South Pasadena Skate Park		
5-16 Yrs	12/7-12/28	10:30-11:50 a.m.	Su	\$215
5-16 Yrs	1/4-1/25	10:30-11:50 a.m.	Su	\$259
5-16 Yrs	2/1-2/22	10:30-11:50 a.m.	Su	\$259

Skyhawks Baseball

Swing for the stars with Skyhawks Baseball! This program teaches young sluggers essential skills like fielding, catching, and hitting, all while fostering teamwork and responsibility. Each fun-packed session aims to develop athletic powers and character. Step up to the plate and become a star on and off the field! Class is held at Garfield Park North Section A, located on grassy area east of Tennis Courts. **No class: 12/25 & 1/1.*

Skyhawks		Garfield Park		
6-9 Yrs	12/4-1/15*	5:10-5:50 p.m.	Th	\$140
6-9 Yrs	1/29-2/26	5:10-5:50 p.m.	Th	\$140

Skyhawks Beginning Golf

Swing into Skyhawks Beginning Golf, powered by Payne Stewart Golf Experiences. This beginning program focuses on fun and repetition with a games-based approach that can be played on any surface. Specialized equipment is used to ensure early success for young players. Key skills like putting and chipping are taught through engaging activities. Ideal for beginners and those improving, join Skyhawks for rewarding progress with every shot! *Class is held at Garfield Park South, located on grassy area south of Tennis Courts. *No class: 12/27 & 1/3.*

Skyhawks		Garfield Park		
7-12 Yrs	12/6-2/7*	10:20-11 a.m.	Sa	\$199

Skyhawks Cheerleading

Get ready to rally with Skyhawks Cheerleading! This fun-filled program teaches a variety of cheers, hand and body movements, and jumping techniques, all stunt-free. Participants will also learn valuable teamwork and leadership skills. The program ends with a performance where each cheerleader shines. Become a cheer champion with Skyhawks! *Class is held at Garfield Park North Section B, located on grassy area east of Tennis Courts. *No class: 12/29 & 1/19.*

Skyhawks		Garfield Park		
6-12 Yrs	12/8-2/9	4:20-5 p.m.	M	\$199

Skyhawks Lacrosse **NEW!**

Charge into a thrilling experience with Skyhawks Lacrosse! This program teaches young athletes essential lacrosse skills like stick-handling and shooting a supportive, non-contact setting. All equipment is provided (although personal sticks are welcome). Lacrosse programs foster a sense of teamwork while participating in this fun and fast-paced sport. Class is held at Garfield Park South, located on grassy area south of Tennis Courts. **No class: 12/29 & 1/19.*

Skyhawks		Garfield Park		
6-9 Yrs	12/8-2/9*	4-4:40 p.m.	M	\$199
10-14 Yrs	12/8-2/9*	4:50-5:30 p.m.	M	\$199

Skyhawks Multi-Sport

Multi-Sport programs are designed to introduce young athletes to a variety of different sports (soccer, baseball & flag football) in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Enjoy the benefits of exploring multiple sports while building lifelong skills with Skyhawks! *Class is held at Garfield Park North Section B, located on grassy area east of Tennis Courts. *No class: 12/27 & 1/3.*

Skyhawks		Garfield Park		
5-7 Yrs	12/6-2/14*	10:40-11:20 a.m.	Sa	\$199
8-12 Yrs	12/6-2/14*	11:30 a.m.-12:10 p.m.	Sa	\$199

Skyhawks Pickleball

Get in the game with Skyhawks Pickleball, gateway to the fastest-growing paddle sport! This program develops and sharpens pickleball skills like groundstrokes, volleys, and serves in a fun environment while focusing on teamwork, sportsmanship, and respect. Come experience this lively sport while building confidence and appreciation for pickleball! **No class: 12/25 & 1/1.*

Skyhawks		Garfield Park		
4-6 Yrs	12/4-1/15*	3:30-4:20 p.m.	Th	\$155
6-9 Yrs	12/4-1/15*	4:30-5:20 p.m.	Th	\$155
9-14 Yrs	12/4-1/15*	5:30-6:20 p.m.	Th	\$155
4-6 Yrs	1/29-2/26	3:30-4:20 p.m.	Th	\$155
6-9 Yrs	1/29-2/26	4:30-5:20 p.m.	Th	\$155
9-14 Yrs	1/29-2/26	5:30-6:20 p.m.	Th	\$155

Skyhawks Tennis

Serve up fun with Skyhawks Tennis! This program elevates tennis skills by focusing on the techniques of forehand, backhand and scoring while utilizing practice sessions and match play to develop consistent, well-rounded players. Each session also fosters personal growth, emphasizing sportsmanship and perseverance. **No class: 12/30.*

Skyhawks		Garfield Park		
4-6 Yrs	12/9-1/13*	3:30-4:20 p.m.	Tu	\$155
6-9 Yrs	12/9-1/13*	4:30-5:20 p.m.	Tu	\$155
9-14 Yrs	12/9-1/13*	5:30-6:20 p.m.	Tu	\$155
4-6 Yrs	1/27-2/24	3:30-4:20 p.m.	Tu	\$155
6-9 Yrs	1/27-2/24	4:30-5:20 p.m.	Tu	\$155
9-14 Yrs	1/27-2/24	5:30-6:20 p.m.	Tu	\$155

Skyhawks Volleyball

Dig deep with Skyhawks Volleyball! This program combines the thrill of volleyball with fun while focusing on passing, setting, spiking, hitting, and serving. Beyond skills, volleyball programs emphasize leadership and teamwork, fostering growth as players and team members. *Class is held at Garfield Park South, located on grassy area south of Tennis Courts.*

Skyhawks		Garfield Park		
4-6 Yrs	1/14-2/18	3:30-4:10 p.m.	W	\$155
6-9 Yrs	1/14-2/18	4:20-5 p.m.	W	\$155
9-14 Yrs	1/14-2/18	5:10-5:50 p.m.	W	\$155

Super Soccer Stars

Super Soccer Stars teaches soccer skills in a fun, non-competitive and educational environment. Through an age-specific curriculum, soccer is used to nurture, build self-confidence and development teamwork. Low child-to-coach ratios and positive reinforcement ensure that each child improves at his or her own pace while having a blast! Soccer ball required. *Class is held on the north end of park.*

Super Soccer Stars		Garfield Park		
5-7 Yrs	1/14-2/25	3-4 p.m.	W	\$175
7-10 Yrs	1/14-2/25	4:05-5:05 p.m.	W	\$175

Tennis - Beginners

Learn or improve your skills. Bring an unopened can of tennis balls and a racquet. 8 weeks small group lessons, \$15 per class.

Darren Cornforth		Garfield Park Tennis Court		
7-12 Yrs	12/6-2/28	9-10 a.m.	Sa	\$120

Tennis - Intermediate

Learn or improve your skills. Bring an unopened can of tennis balls and a racquet. 8 weeks small group lessons, \$15 per class.

Darren Cornforth		Garfield Park Tennis Court		
7-12 Yrs	12/2-2/28	11 a.m.-12 p.m.	Sa	\$120



TEEN CLASSES



**Register
Online**

southpasadenaca.gov/onlinereg



**More
Information**

(626) 403-7380

TEEN CLASSES

DANCE

Belly Dance - Mixed Level

Belly dance is a beautiful form of movement, originated in Middle Eastern and North African countries. It is the perfect dance for those looking for a fun workout and personal creativity. Teens through seniors can enjoy this low impact, expressive dance.

Kim Almanzar War Memorial Building
16 Yrs+ 1/6-2/10 8:30-9:30 p.m. Tu \$80

Scottish Country Dancing

Introduction to the traditional Country dances of Scotland. The Sunday class is oriented to beginner to intermediate level dancers. The classes will teach the basic steps and figures of the dancing. \$7 walk-in fee available. Thursday class on 6/20 will be held at the South Pasadena Senior Center. *No class: 9/11

Anthea MacDonald War Memorial Building
16 Yrs+ 12/7 6-8:30 p.m. Su \$6
16 Yrs+ 1/8-1/29 6:30-9 p.m. Th \$24
16 Yrs+ 1/11-1/25 6-8:30 p.m. Su \$18
16 Yrs+ 2/1-2/22 6-8:30 p.m. Su \$24
16 Yrs+ 2/5-2/26 6:30-9 p.m. Th \$24

Tap For Adults

This beginner-friendly class starts with simple warm-up movements like toe and heel taps to stretch and loosen up. Participants will then learn basic combinations, including shuffles and pullbacks, with music to help maintain rhythm and mirrors for posture and technique correction. Class is held at Pointe by Pointe Studio - 1315 Fair Oaks Ave. #104, South Pasadena.

Pointe by Pointe Pointe by Pointe Studio
18 Yrs+ 12/2-12/30 6:30-7:30 p.m. Tu \$75
18 Yrs+ 12/6-12/27 1:15-2:15 p.m. Sa \$75
18 Yrs+ 1/6-1/27 6:30-7:30 p.m. Tu \$75
18 Yrs+ 1/10-1/31 1:15-2:15 p.m. Sa \$75
18 Yrs+ 2/3-2/24 6:30-7:30 p.m. Tu \$75
18 Yrs+ 2/7-2/28 1:15-2:15 p.m. Sa \$75

FITNESS

Cardio Fitness Dance

Routines are designed to sculpt your body, increase your endurance and muscle mass, better your balance, agility, coordination, and concentration. Participants will learn choreography and dance to a variety of music such as modern, hip hop, Latin, k pop, and oldies. While having fun, the instructor will ensure the dancers are aware of the muscles that are being engaged, highlighting how to do the movements safely. \$10 walk-in fee available

TsuJit Huang War Memorial Building
14 Yrs+ 1/5-1/26 9-10 a.m. M \$36
14 Yrs+ 1/7-1/28 9-10 a.m. W \$36
14 Yrs+ 2/2-2/23 9-10 a.m. M \$36
14 Yrs+ 2/4-2/25 9-10 a.m. W \$36

Total Body Sculpting

HIIT is one of the best ways to get the most results in the least amount of time. This class utilizes compound movement and alternating between cardio and strength movements to achieve your fitness goals. \$10 walk-in fee available.

Connie Yee South Pasadena Senior Center
16 Yrs+ 12/6-12/27 9:15-10:10 a.m. Sa \$48
16 Yrs+ 1/3-1/31 9:15-10:10 a.m. Sa \$60
16 Yrs+ 2/7-2/28 9:15-10:10 a.m. Sa \$48

SPORTS

Goshin Ju Jitsu

Goshin Jujutsu is a modern self-defense-oriented style of jujutsu that tends to be more well rounded, and provides a complete system. As there is no single creator of Goshin Jujutsu, per se, the name of the style refers to systems which are rooted in traditional Jujutsu, but also draw from Akido, Judo and Karate Do. The student is taught a continuous and on-going system that builds on itself. It presents situations that address different distances, different levels of aggression, and different levels of response.

Anthony Grady War Memorial Building
8-17 Yrs 1/7-2/25 4-5:30 p.m. W \$110

Fencing

Discover the exciting Olympic sport of fencing! Learn basic moves, strategy, and safety while practicing real bouts with other students. Wear tennis shoes, long sleeves, and athletic pants. \$35 equipment rental due at the first class. Held at Sword Fencing Studio, 2515 E. Washington Blvd., Pasadena.

Sword Fencing Studio Staff Sword Fencing Studio
5-14 Yrs 12/2-1/6 5-6 p.m. Tu \$225
5-14 Yrs 1/13-2/17 5-6 p.m. Tu \$225

SKATESIDE Camps

The quickest and safest way for beginners to learn how to ride a skateboard. This skateboard skill focused camp that brings everything you love about skateboarding. Learn to shred the South Pasadena Skate Park, develop basic skateboard skills or take your skills to the next level. Skateboard, helmet, elbow pads, knee pads, and wrist guards are required.

THE SKATESIDE South Pasadena Skate Park
4-16 Yrs 12/22-12/26 9-11:50 a.m. M Tu W F \$369
4-16 Yrs 12/29-1/2 9-11:50 a.m. M Tu W F \$369
4-16 Yrs 1/5-1/9 9-11:50 a.m. M Tu W Th F \$435
4-16 Yrs 2/13 9-11:50 a.m. F \$155
4-16 Yrs 2/16 9-11:50 a.m. F \$155

THE SKATESIDE - Beginner

Focusing on safety and skateboard fundamentals, this class is fantastic for beginners to learn how to ride a skateboard. Learn skateboard safety, balance, pushing, turning, and cool tricks. Instructors allow students to learn at their own pace or be motivated by the group. Great for friends and siblings! Skateboard, helmet, elbow pads, knee pads, and wrist guards are required.

THE SKATESIDE South Pasadena Skate Park
4-16 Yrs 12/7-12/21 9-10:20 a.m. Su \$215
4-16 Yrs 1/4-1/25 9-10:20 a.m. Su \$259
4-16 Yrs 2/1-2/22 9-10:20 a.m. Su \$259

Skyhawks Lacrosse NEW!

Charge into a thrilling experience with Skyhawks Lacrosse! This program teaches young athletes essential lacrosse skills like stick-handling and shooting a supportive, non-contact setting. All equipment is provided (although personal sticks are welcome). Lacrosse programs foster a sense of teamwork while participating in this fun and fast-paced sport. Class is held at Garfield Park South, located on grassy area south of Tennis Courts. *No class: 12/29 & 1/19.

Skyhawks Garfield Park
10-14 Yrs 12/8-2/9* 4:50-5:30 p.m. M \$199

Skyhawks Pickleball

Get in the game with Skyhawks Pickleball, gateway to the fastest-growing paddle sport! This program develops and sharpens pickleball skills like groundstrokes, volleys, and serves in a fun environment while focusing on teamwork, sportsmanship, and respect. Come experience this lively sport while building confidence and appreciation for pickleball! *No class: 12/25 & 1/1.

Skyhawks Garfield Park
9-14 Yrs 12/4-1/15* 5:30-6:20 p.m. Th \$155
9-14 Yrs 1/29-2/26 5:30-6:20 p.m. Th \$155

Skyhawks Tennis

Serve up fun with Skyhawks Tennis! This program elevates tennis skills by focusing on the techniques of forehand, backhand and scoring while utilizing practice sessions and match play to develop consistent, well-rounded players. Each session also fosters personal growth, emphasizing sportsmanship and perseverance. *No class: 12/30.

Skyhawks Garfield Park
9-14 Yrs 12/9-1/13* 5:30-6:20 p.m. Tu \$155
9-14 Yrs 1/27-2/24 5:30-6:20 p.m. Tu \$155

Skyhawks Volleyball

Dig deep with Skyhawks Volleyball! This program combines the thrill of volleyball with fun while focusing on passing, setting, spiking, hitting, and serving. Beyond skills, volleyball programs emphasize leadership and teamwork, fostering growth as players and team members. Class is held at Garfield Park South, located on grassy area south of Tennis Courts.

Skyhawks Garfield Park
9-14 Yrs 1/14-2/18 5:10-5:50 p.m. W \$155



ADULT CLASSES



**Register
Online**

southpasadenaca.gov/onlinereg



**More
Information**

(626) 403-7380

ADULT CLASSES

DANCE

Ballet For Adults - Beginner

Learning ballet moves working and warming up body from "toes to head." Progressing to little simple combos on the middle and diagonal. Class is held at **Pointe by Pointe Studio** - 1315 Fair Oaks Ave. #104, South Pasadena.

Pointe by Pointe
18 Yrs+

Pointe by Pointe Studio
Check our website for more details!

Belly Dance - Mixed Level

Belly dance is a beautiful form of movement, originated in Middle Eastern and North African countries. It is the perfect dance for those looking for a fun workout and personal creativity. Teens through seniors can enjoy this low impact, expressive dance.

Kim Almanzar

16 Yrs+ 1/6-2/10 8:30-9:30 p.m.

War Memorial Building

Tu \$80



Cardio Bar & Conditioning

Fun class to work all major muscle groups with emphasis on posture and techniques. Music is a plus! Class is held at **Pointe by Pointe Studio** - 1315 Fair Oaks Ave. #104, South Pasadena.

Pointe by Pointe

18 Yrs+ 12/1-12/22
18 Yrs+ 1/5-1/26
18 Yrs+ 2/2-2/23

Pointe by Pointe Studio

7:30-8:30 p.m. M \$75
7:30-8:30 p.m. M \$75
7:30-8:30 p.m. M \$75

Cardio Bar on Zoom

Fun class to tone the body and stretch with the music. Need chair, dumbbells (or without), little towel to throw and catch. Zoom link is available at www.pointebypointe.com.

Pointe by Pointe

18 Yrs+ 12/2-12/23
18 Yrs+ 1/6-1/27
18 Yrs+ 2/3-2/24
18 Yrs+ 12/5-12/26
18 Yrs+ 1/9-1/30
18 Yrs+ 2/6-2/27

Pointe by Pointe Studio

9-10 a.m. Tu \$48
9-10 a.m. Tu \$48
9-10 a.m. Tu \$48
9-10 a.m. F \$48
9-10 a.m. F \$48
9-10 a.m. F \$48

Cha Cha Cha

This is fun and energetic, rhythmical, social Latin dance in social and competitive ballroom occasions. No partner needed.

Alessia Minaeva

18 Yrs+ 1/11-1/25 3-4 p.m.
18 Yrs+ 2/1-2/22 3-4 p.m.

War Memorial Building

Su \$60
Su \$80

Dance - Basic/Beginner

This class teaches BASIC line dance steps to simple choreographed beginner level dances. Line dancing is choreographed style of dancing where dancers line up in a row without partners and follow a specific pattern of steps to a variety of music. \$5 walk-in fee available.

Pauline Wong

18 Yrs+ 12/3-12/17
18 Yrs+ 1/7-1/28
18 Yrs+ 2/4-2/25

South Pasadena Senior Center

6-7 p.m. W \$15
6-7 p.m. W \$20
6-7 p.m. W \$20

International Line Dance - Intermediate/Advanced

This class builds on the basic line dance steps to higher level choreographed dances with varying difficulty levels moving from intermediate to advanced dances. Dances can be 32 steps to over 100 steps, plus adding more complex moves such as multiple spins, triple steps, and more. *NOTE: This class is not for beginners or first time students. \$5 walk-in fee available.*

Pauline Wong

18 Yrs+ 12/3-12/17
18 Yrs+ 1/7-1/28
18 Yrs+ 2/4-2/25

South Pasadena Senior Center

7-9 p.m. W \$15
7-9 p.m. W \$20
7-9 p.m. W \$20

Salsa - Beginner

Fun energetic, most popular social Latin dance, which people dance in Salsa clubs and social ballroom occasions. 9.

Alessia Minaeva

18 Yrs+ 1/7-1/28
18 Yrs+ 2/4-2/25

War Memorial Building

7-8 p.m. W \$80
7-8 p.m. W \$80

Salsa - Intermediate/Advance

Fun energetic, most popular social Latin dance, which people dance in Salsa clubs and social ballroom occasions.

Alessia Minaeva

18 Yrs+ 1/7-1/28 8-9 p.m.
18 Yrs+ 2/4-2/25 8-9 p.m.

War Memorial Building

W \$80
W \$80

Salsa - Beginner/Intermediate

Fun energetic, most popular social Latin dance, which people dance in Salsa clubs and social ballroom occasions.

Alessia Minaeva

18 Yrs+ 1/11-1/25 4-5 p.m.
18 Yrs+ 2/1-2/22 4-5 p.m.

War Memorial Building

Su \$60
Su \$80

Scottish Country Dancing

Introduction to the traditional Country dances of Scotland. The Sunday class is oriented to beginner to intermediate level dancers. The classes will teach the basic steps and figures of the dancing. \$7 walk-in fee available. *No class: 9/11.

Anthea MacDonald

16 Yrs+ 12/7 6-8:30 p.m.
16 Yrs+ 1/8-1/29 6:30-9 p.m.
16 Yrs+ 1/11-1/25 6:30-9 p.m.
16 Yrs+ 2/1-2/22 6:30-9 p.m.
16 Yrs+ 2/5-2/26 6-8:30 p.m.

War Memorial Building

Su \$6
Th \$24
Su \$18
Su \$24
Th \$24

Waltz

Fun energetic, most popular social Latin dance, which people dance in Salsa clubs and social ballroom occasions. *No class: 1/12 & 2/9.

Alessia Minaeva

18 Yrs+ 1/5-1/26* 7-8 p.m.
18 Yrs+ 2/2-2/23* 7-8 p.m.

War Memorial Building

M \$60
M \$60

West Coast Swing (Beginner/Intermediate)

This is a fun, slow, swing dance with elastic connection between partners, which is danced in a slot to late swing music or current pop music. The dance is smooth, without any bounce. *No class: 1/12 & 2/9.

Alessia Minaeva

18 Yrs+ 1/5-1/26* 8-9 p.m.
18 Yrs+ 2/2-2/23* 8-9 p.m.

War Memorial Building

M \$60
M \$60



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Follow us on Instagram to be the first to know about programming & events!

ADULT CLASSES

FITNESS

Cardio Fitness Dance

Routines are designed to sculpt your body, increase your endurance and muscle mass, better your balance, agility, coordination, and concentration. Participants will learn choreography and dance to a variety of music such as modern, hip hop, Latin, k pop, and oldies. While having fun, the instructor will ensure the dancers are aware of the muscles that are being engaged, highlighting how to do the movements safely. \$10 walk-in fee available *No class: 11/19.

TsuJit Huang

14 Yrs+	1/5-1/26	9-10 a.m.	M	\$45
14 Yrs+	1/7-1/28	9-10 a.m.	W	\$36
14 Yrs+	2/2-2/23	9-10 a.m.	M	\$36
14 Yrs+	2/4-2/25	9-10 a.m.	W	\$45

War Memorial Building



Total Body Sculpting

HITT is one of the best ways to get the most results in the least amount of time. This class utilizes compound movement and alternating between cardio and strength movements to achieve your fitness goals. \$10 walk-in fee available.

Connie Yee

16 Yrs+	12/6-12/27	9:15-10:10 a.m.	Sa	\$48
16 Yrs+	1/3-1/31	9:15-10:10 a.m.	Sa	\$60
16 Yrs+	2/7-2/28	9:15-10:10 a.m.	Sa	\$48

South Pasadena Senior Center

SPORTS

Pickleball

A combination of tennis, badminton, and paddleball, it is played on a smaller version of a tennis court, with graphite paddles and a whiffle ball. Instruction in the beginning skills, techniques, strategies, along with rules and etiquette. Pickleball features simple rules and is easy to learn. Beginners can enjoy the sport almost immediately, while advanced players experience it as a fast-paced, highly competitive game, pickleball is suitable for individuals of all ages, fitness levels, and athletic abilities. A pickleball, 3 pickleball balls, tennis court appropriate shoes, water and sun protection is required.

Michele Pusateri

20 Yrs+	12/3-12/24	6-8 p.m.	W	\$70
20 Yrs+	12/6-12/27	9:30-11:30 a.m.	Sa	\$70
20 Yrs+	1/7-1/28	6-8 p.m.	W	\$70
20 Yrs+	1/3-1/24	9:30-11:30 a.m.	Sa	\$70
20 Yrs+	2/4-2/25	6-8 p.m.	W	\$70
20 Yrs+	2/7-2/28	9:30-11:30 a.m.	Sa	\$70

Orange Grove Park Tennis Court



Tennis - Intermediate

Learn or improve your skills. Bring an unopened can of tennis balls and a racquet.

Darren Cornforth

18 Yrs+	12/6-2/28	10-11 a.m.	Sa	\$120
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Garfield Park Tennis Court

Breakfast with Santa

SATURDAY, DECEMBER 13, 2025

9:00 A.M. TO 11:00 A.M.

WAR MEMORIAL BUILDING

435 Fair Oaks Ave., South Pasadena

\$24.00

Children 2 years & under are FREE!
ALL SALES ARE FINAL

Tickets are available for purchase at
www.southpasadenaca.gov/events beginning November 1, 2025.

For more information, contact the Community Services Department at:

(626) 403-7380 southpasadenaca.gov/events

specialevents@southpasadenaca.gov



CAMP MED AFTER SCHOOL PROGRAM

FOR 1ST TO 5TH GRADERS
ENROLLED IN SPUSD

AUGUST 13, 2025 – MAY 29, 2026

MONDAY – THURSDAY: 2:30 PM TO 6 PM

FRIDAY: 1 PM TO 6 PM

Applications are available online at
www.southpasadenaca.gov/campmed

Completed applications can be dropped off to the Recreation Office at
815 Mission Street starting Monday, July 28, 2025

PROGRAM INCLUDES:

- ✓ Experienced Staff
- ✓ Engaging Activities
- ✓ Pick-up Service
- ✓ Social Development
- ✓ Homework Help
- ✓ Snacks & More!

ADMISSION:
\$424 for 4 weeks!
\$404 for each additional participant!

REGISTER NOW!

Contact Us
(626) 403-7380

Email Us
recreation@southpasadenaca.gov

Visit Our Website
southpasadenaca.gov/campmed



OLDER ADULT CLASSES



**Register
Online**

southpasadenaca.gov/onlinereg



**More
Information**

(626) 403-7380

OLDER ADULT CLASSES

DANCE

Ballroom Dancing (Partner NOT Required) **NEW!**

Students will learn the basic patterns and character of the most popular ballroom dances, as well as how to recognize the music. You will learn the basics of leading and following and develop timing and rhythm. At the end of the series of classes, students feel comfortable dancing through an entire song at parties & weddings. Tony is certified ballroom dance teacher who brings enthusiasm & passion to his classes. His mission is to teach in a way that is clear, fun, and results in students feeling confident and excited. **No class: 12/16.*

Tony Plasil		South Pasadena Senior Center	
55 Yrs+	12/2-12/23*	1-2 p.m.	Tu \$18
55 Yrs+	1/6-1/27	1-2 p.m.	Tu \$24
55 Yrs+	2/3-2/24	1-2 p.m.	Tu \$24

Line Dancing

Kickstart your day with fun and fitness! This class is perfect for anyone looking to learn basic line dance steps while moving to classic oldies music. We'll start with easy-to-follow routines designed to boost your confidence on the dance floor, stimulate your brain with simple choreographed patterns, and get your body moving for a great workout. *\$5 walk-in fee available.*

Class Schedule:

8:30-9 a.m. - Beginner Line Dance: Learn basics with simple steps and routines.

9-10:30 a.m. - Beginner/Improver Line Dance: Continue building your skills and try out a few slightly more challenging moves.

Pauline Wong		South Pasadena Senior Center	
55 Yrs+	12/4-12/18	8:30-10:30 a.m.	Th \$15
55 Yrs+	1/8-1/29	8:30-10:30 a.m.	Th \$20
55 Yrs+	2/5-2/26	8:30-10:30 a.m.	Th \$20

FITNESS

Functional Fitness

Combining strength and cardio movements that challenges every muscle in the body. Please bring your yoga mat, dumbbells, bands (optional) and a water bottle. All levels. *\$5 walk in fee available. *No class: 1/19 & 2/16.*

Connie Yee		South Pasadena Senior Center	
55 Yrs+	12/12/19	9-9:55 a.m.	M F \$30
55 Yrs+	12/3-12/17	3-3:55 p.m.	W \$15
55 Yrs+	12/6-12/20	8-8:55 a.m.	Sa \$15
55 Yrs+	1/3-1/31	8-8:55 a.m.	Sa \$25
55 Yrs+	1/5-1/30*	9-9:55 a.m.	M F \$35
55 Yrs+	1/7-1/28	3-3:55 p.m.	W \$20
55 Yrs+	2/2-2/27*	9-9:55 a.m.	M F \$35
55 Yrs+	2/4-2/25	3-3:55 p.m.	W \$20
55 Yrs+	2/7-2/28	8-8:55 p.m.	Sa \$20

HEALTH & WELLNESS

Chair Yoga & Breathwork

"Regular" Yoga can gracefully and graciously translate into Chair Yoga so all can benefit from its gifts. Breath is an integral part of all Yoga and an essential part of its value. This class will offer a blend of both movement and breathing practices for a fun and balancing experience. Bring an open mind and a smile. *\$5 walk-in fee available. *Class on 1/7 will be held in the Library Community Room - 1115 El Centro St.*

Avry Budka		South Pasadena Senior Center	
55 Yrs+	12/3-12/17	10:30-11:15 a.m.	W \$12
55 Yrs+	1/7-1/28*	10:30-11:15 a.m.	W \$16
55 Yrs+	2/4-2/25	10:30-11:15 a.m.	W \$16



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Follow us on Instagram to be the first to
know about programming & events!

www.southpasadenaca.gov/recreation

Meditation & Presence Practice

Meditation is an ancient skill passed down through the generations for over 5,000 years. It builds concentration which develops presence and, over time, equanimity. It is not about emptying the mind, but in directing it (with the skills learned in class) to this moment, which is where all of our lives unfold. This is a practice anyone can be successful at in a very short period of time, with just a tiny bit of work. *\$5 walk-in fee available. *Class on 1/7 will be held in the Library Community Room - 1115 El Centro St.*

Avry Budka		South Pasadena Senior Center	
55 Yrs+	12/3-12/17	11:30 a.m.-12:30 p.m.	W \$12
55 Yrs+	1/7-1/28*	11:30 a.m.-12:30 p.m.	W \$16
55 Yrs+	2/4-2/25	11:30 a.m.-12:30 p.m.	W \$16

Yoga, Meditation & Stretch

Increase flexibility through positions that act upon various joints. Yoga positions work different tendons and ligaments of the body to help relieve pain, improve sleep, create mental balance and increase energy. *Class is held at the South Pasadena Library Community Room - 1115 El Centro St. \$5 walk-in fee available.*

Diana Bohan		Library Community Room	
55 Yrs+	12/2-12/18	8:30-9:30 a.m.	Tu Th \$24
55 Yrs+	1/6-1/29	8:30-9:30 a.m.	Tu Th \$32
55 Yrs+	2/3-2/26	8:30-9:30 a.m.	Tu Th \$36

Tai Chi for Health: Qi Gong

Tai Chi for Health focuses on Qi Gong, the foundation in the 2500-year-old ancient Chinese health philosophy. The emphasis is on relaxation of the body and calmness of the mind using coordinated non-impact exercises and breath such as the Five Animals, the 8 Cycles, and Liang Gong. These practices bring about increase energy and physical harmony to the body. One learns to relax, concentrate, gain flexibility, coordination and balance, and nourish their chi. *Class is held at the South Pasadena Library Community Room - 1115 El Centro St. \$5 walk-in fee available. *No class: 1/19 & 2/16.*

Pam Dong		Library Community Room	
55 Yrs+	12/1-12/15	9-10 a.m.	M \$15
55 Yrs+	1/5-1/26*	9-10 a.m.	M \$15
55 Yrs+	2/2-2/23*	9-10 a.m.	M \$15

Tai Chi: Martial Art Introduction

Tai Chi the martial art aspect, utilizes slow, coordinated, continuous flowing movements known as Forms to achieve relaxation, coordination, flexibility, and balance. Every movement has a martial arts application. Learn the basic 8 Postures Form to begin your Tai Chi journey, Tiger Mountain Form and the Yang Simplified 24 Postures Form. *Class is held at the South Pasadena Library Community Room - 1115 El Centro St. \$5 walk-in fee available. *No class: 1/19 & 2/16.*

Pam Dong		Library Community Room	
55 Yrs+	12/1-12/15	10-11 a.m.	M \$15
55 Yrs+	1/5-1/26*	10-11 a.m.	M \$15
55 Yrs+	2/2-2/23*	10-11 a.m.	M \$15

SPORTS

Senior Beginner Pickleball Practice & Play

Come check out pickleball, the fastest growing sport in the United States! Join us at Orange Grove Park on Tuesdays from 9:30 a.m. to 11:30 a.m. for senior pickleball classes. This four-week progressive class will teach the basics of pickleball like scorekeeping, court position, serving, game strategy, and unique lingo, and more advanced skills like shot selection, game strategy, and reduce playing errors. *Please bring a pickleball paddle, 3 pickleball balls, tennis court appropriate shoes, and water and sun protection.*

Michele Pusateri		Orange Grove Park Tennis Court	
55 Yrs+	12/2-12/23	9:30-11:30 a.m.	Tu \$65
55 Yrs+	1/6-1/27	9:30-11:30 a.m.	Tu \$65
55 Yrs+	2/3-2/24	9:30-11:30 a.m.	Tu \$65

City of

SOUTH PASADENA

Senior Center

1102 Oxley Street

(626) 403-7360

Monday - Friday | 8 a.m. to 5 p.m.

Senior Center Membership

Membership is open to adults age 55 and over.

Yearly Membership:

Individual: \$25

Couple: \$35

Benefits:

Newsletter, free classes, lectures, computer lab, email blasts, and parking permit.

For transportation call:

(626) 403-7368

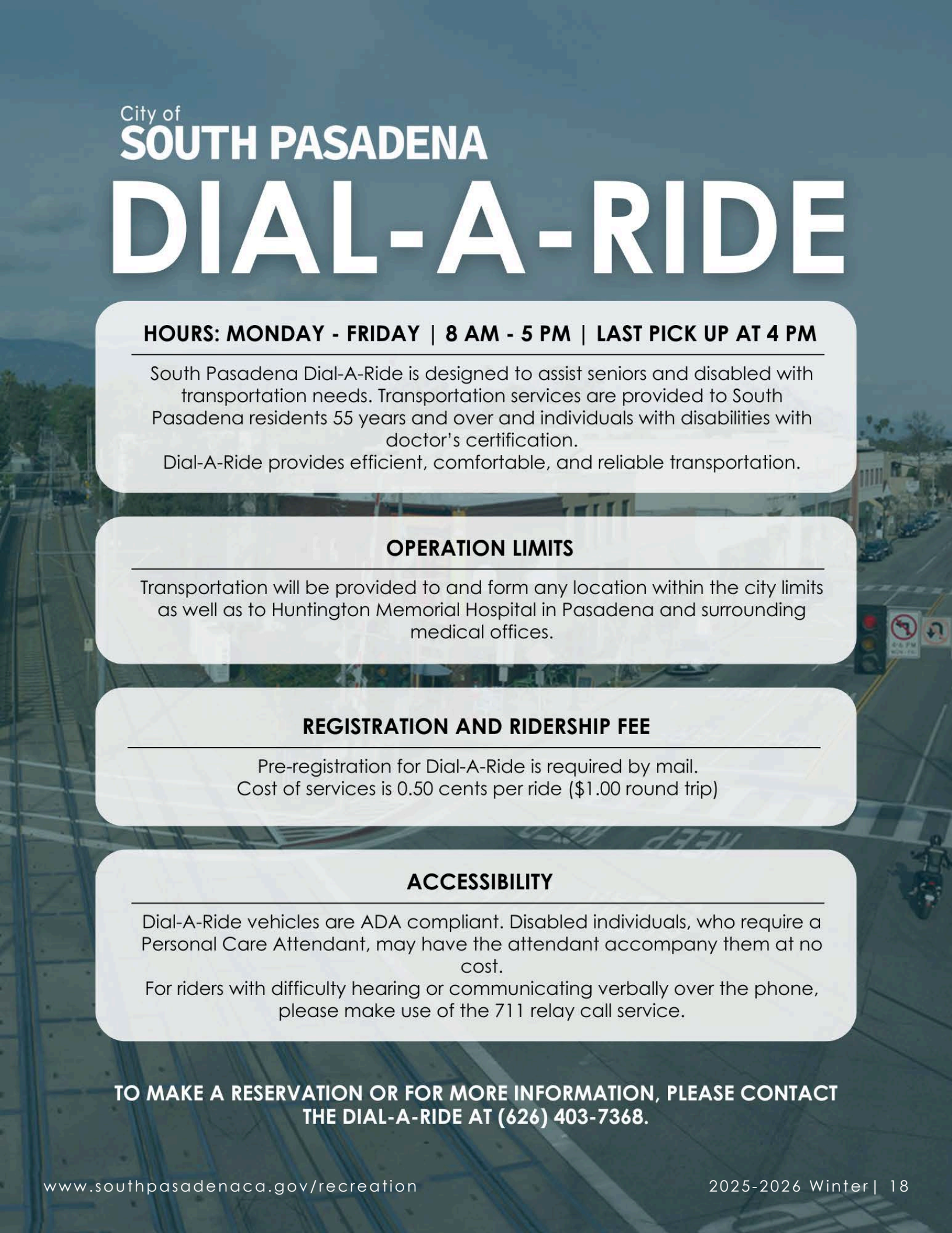
For more information call:

(626) 403-7360

Do you need a ride to your medical appointments? Would you like to speak with a professional about maintaining your independence at home? Or enjoy a holiday celebration that feels like you are with family? Would you benefit from a strength and balance course to help you become stronger and feel safer? Would a daily call on your safety and welfare put your mind at ease? Would you enjoy attending lectures on history, art, and music?

JOIN THE SOUTH PASADENA
SENIOR CENTER!





City of
SOUTH PASADENA

DIAL-A-RIDE

HOURS: MONDAY - FRIDAY | 8 AM - 5 PM | LAST PICK UP AT 4 PM

South Pasadena Dial-A-Ride is designed to assist seniors and disabled with transportation needs. Transportation services are provided to South Pasadena residents 55 years and over and individuals with disabilities with doctor's certification.

Dial-A-Ride provides efficient, comfortable, and reliable transportation.

OPERATION LIMITS

Transportation will be provided to and from any location within the city limits as well as to Huntington Memorial Hospital in Pasadena and surrounding medical offices.

REGISTRATION AND RIDERSHIP FEE

Pre-registration for Dial-A-Ride is required by mail.
Cost of services is 0.50 cents per ride (\$1.00 round trip)

ACCESSIBILITY

Dial-A-Ride vehicles are ADA compliant. Disabled individuals, who require a Personal Care Attendant, may have the attendant accompany them at no cost.

For riders with difficulty hearing or communicating verbally over the phone, please make use of the 711 relay call service.

**TO MAKE A RESERVATION OR FOR MORE INFORMATION, PLEASE CONTACT
THE DIAL-A-RIDE AT (626) 403-7368.**

IS A COYOTE VISITING YOUR NEIGHBORHOOD?

DEALING WITH COYOTES

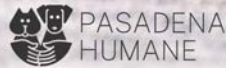
- Use roll bar fencing to prevent coyotes from entering your yard
- Keep your cats inside, supervise small dogs and keep your pet confined and/or on a leash
- Remove any outdoor pet food
- Pick up fruit as soon as it falls to the ground
- Eliminate any sources of water, from bird baths to puddles
- Trim overgrown landscaping
- Secure garbage in cans that cannot be tipped over or easily accessed by wildlife using bungee cord or other means
- Managing coyotes is a group effort — please share these tips with your neighbors

IF YOU SEE A COYOTE

- Make the coyote feel uncomfortable
- Be aggressive. Yell or spray a hose at the coyote
- Make yourself appear large and stand your ground
- Never turn your back or run away
- Bring a whistle or stick with you on walks
- If followed by a coyote, use hazing techniques including making loud noises and throw small rocks or sticks toward them

We are here to help. We offer workshops, tips, coyote proofing and more to keep you safe. Visit us online at pasadenahumane.org/coyotes for more information.

Pasadena Humane does not trap, tranquilize, or capture healthy wildlife. We can help with coyote proofing your home, respond to calls and, if needed, contact the California Department of Fish and Wildlife, who has jurisdiction over all wildlife in California.



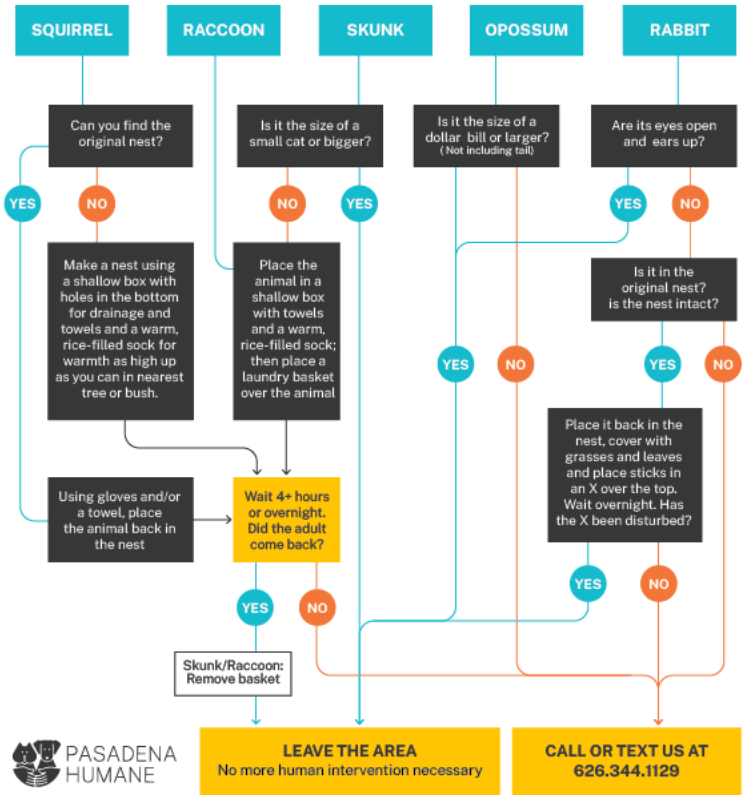
If a coyote is acting threatening or is sick or injured, call or text 626.344.1129.



HELP! I'VE FOUND A BABY MAMMAL

IF THE ANIMAL IS SICK OR INJURED, call or text a photo and description to our Wildlife Helpline at 626.344.1129.

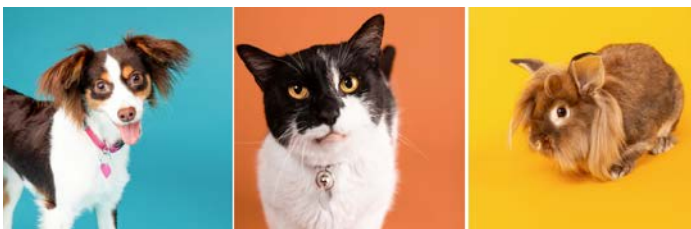
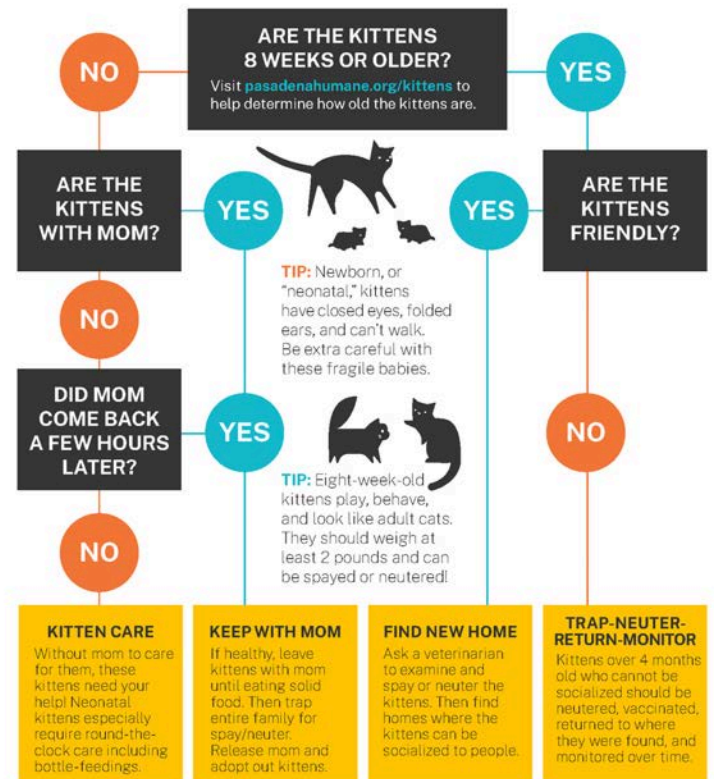
WHAT KIND OF ANIMAL IS IT?



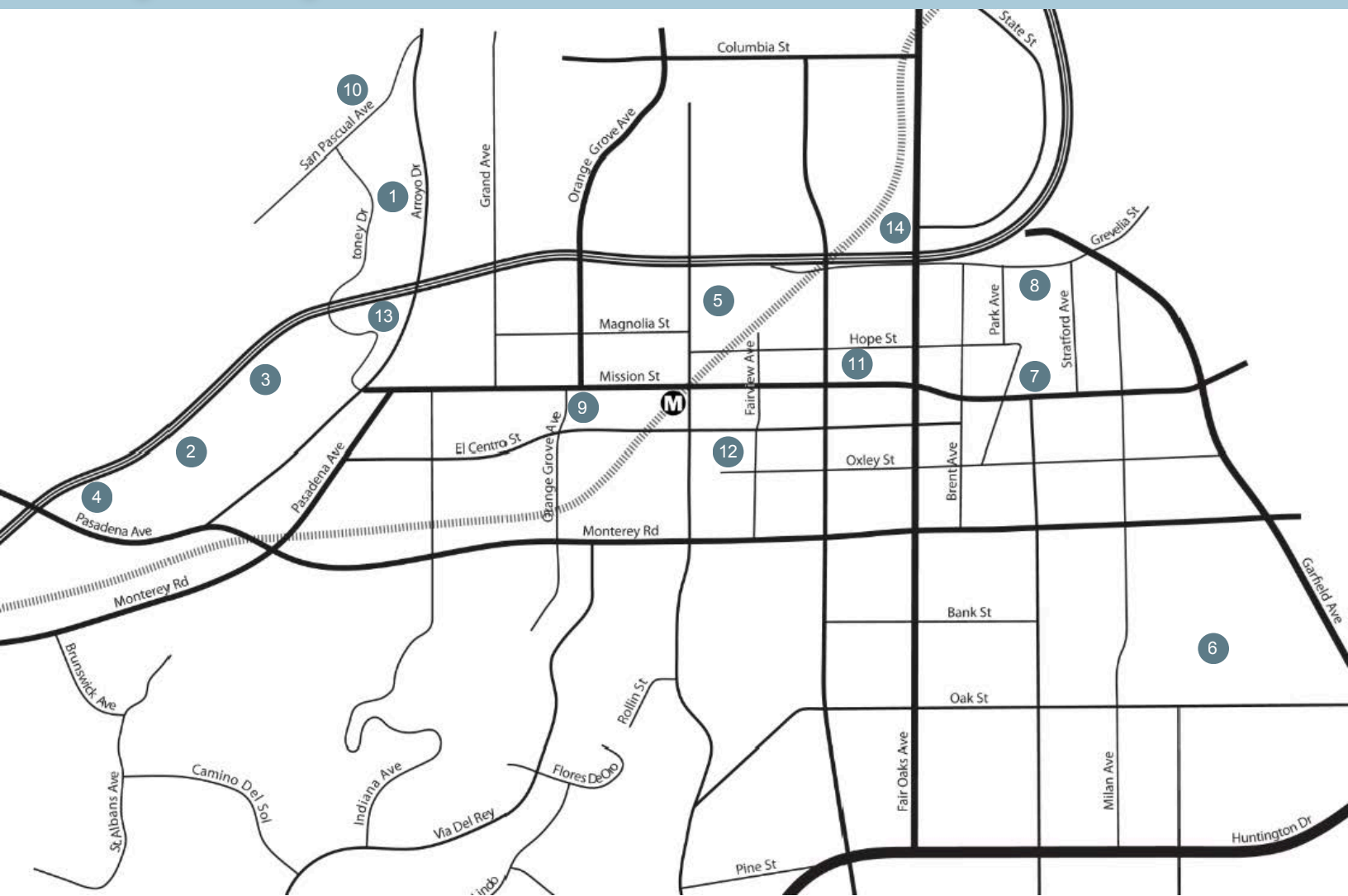
HELP! I FOUND A KITTEN

Found kittens outside and don't know what to do? This flowchart will help you take steps to make the best decisions for their care!

IF KITTENS APPEAR TO BE ILL OR INJURED, bring them to the Pasadena Humane Society & SPCA* immediately or call 626.792.7151.



City Map



- 1 Arroyo Park
614 Stoney Drive
- 2 Arroyo Seco Golf Course
1055 Lohman Lane
- 3 Arroyo Seco Racquet Club
920 Lohman Lane
- 4 Arroyo Woodland & Wildlife Park
Pasadena Ave., before York Blvd. Bridge
- 5 Community Garden & Demonstration Garden
1028 Magnolia Street
- 6 Eddie Park & Eddie Park House
2017 Edgewood Drive
- 7 Garfield Park
625 Stratford Avenue
- 8 Garfield Park Youth House
625 1/2 Stratford Avenue
- 9 Orange Grove Park / Orange Grove
Recreation Building / Orange Grove Mid-Level
815 Mission Street
- 10 San Pascual Stables
221 San Pascual Avenue
- 11 South Pasadena City Hall
1414 Mission Street
South Pasadena Fire Department
817 Mound Avenue
South Pasadena Police Department
1422 Mission Street
- 12 South Pasadena Public Library
1100 Oxley Street
South Pasadena Senior Center
1102 Oxley Street
- 13 South Pasadena Batting Cages & South Pasadena
Skate Park
660 Stoney Drive
South Paws-adena Dog Park
650 Stoney Drive
- 14 War Memorial Building & Legion Park
425 Fair Oaks Avenue

Park Directory



Arroyo Park

614 Stoney Drive

Arroyo Park, located on the North side of the Pasadena 110 Freeway includes a barbecue and covered picnic areas, playground, five lighted baseball diamonds, four lighted soccer fields, a skate park, batting cages, a golf course, miniature golf, driving range, horse stables, Arroyo Seco Woodland and Wildlife Park, and a tennis and racquetball center.

Reservations: 10 a.m.-6 p.m. (Apr.-Oct.); 9 a.m.-5 p.m. (Nov.-Mar.)

Cost: \$95/ 4 hour block



Eddie Park

2017 Edgewood Drive

Eddie Park is located on the southeast corner of Edgewood Drive and Chelton Way and includes the historic Eddie House and an open lawn area and small play area. The park is framed by a three-foot high brick wall.

Reservations for this park and accompanying green space are not available.



Garfield Park

625 Stratford Avenue

Garfield Park is seven acres of improved park and includes playground equipment, two lighted tennis courts, picnic area, groomed parkland, a rose garden, the Children's Memorial and Healing Garden, and the Youth House.

Reservations: 10 a.m.-6 p.m. (Apr.-Oct.); 9 a.m.-5 p.m. (Nov.-Mar.)

Cost: \$95/ 4 hour block



Orange Grove Park

815 Mission Street

One of the City's older parks, Orange Grove Park is an active recreation park with facilities that include lighted softball and soccer fields, two lighted tennis courts, a small playground, and picnic area.

Reservations: 10 a.m.-6 p.m. (Apr.-Oct.); 9 a.m.-5 p.m. (Nov.-Mar.)

Cost: \$95/ 4 hour block



Renting a Field Space?

To rent a field space at Arroyo North, Arroyo South, or Orange Grove please call (626) 403-7321.
Field availability is limited.

Find our Field Use Request Form [here!](#)

Park Directory



South Pasadena Community Garden

1028 Magnolia Street

The South Pasadena Community Garden is a place for harmony and beauty where we cultivate a community of individuals committed to sustainable land use in an urban setting, providing the opportunity for residents to grow their own organic fruits, vegetables, and flowers.



South Pasadena Demonstration Garden

1028 Magnolia Street

The Demonstration Garden provides an opportunity for the community to learn ways to conserve energy and water, and have an attractive landscape that is cost effective.

The Demonstration Garden includes a gazebo, seating bench, drinking fountain, bulletin board with conservation and gardening information, dog waste station, trash receptacle, and two bike racks. The seed library contains seed packets for residents to try for themselves in their own homes, along with books that you can take. The City of South Pasadena wants your help in spreading the word to conserve to the community as we exemplify simple ways of doing these types of modifications in your own front yard. This project was funded by Park Impact Fees and the Water Conservation Fund.



South Pasadena Skate Park

660 Stoney Drive

The South Pasadena Skate Park is located at the bottom of Stoney Drive in Arroyo Park, next to the batting cages.

Hours are from dusk to dawn.



South Paws-adena Dog Park

650 Stoney Drive

The South Paws-adena Dog Park is located in Arroyo Park. Amenities include a Canine Castle, water fountains, shade structures, and benches.

Hours are from 6 a.m. to 10 p.m.



For more information about South Pasadena parks please contact:
(626) 403-7380



Rental Facilities

The City of South Pasadena has various rental facilities that are ideal for a wedding reception, family reunions, baby or bridal showers, birthday parties, and even business meetings!

Fees are subject to change, please check Master Fee Schedule for current fees.

Eddie Park House

2017 Edgewood Drive | Generally available for private rental on Saturdays, 9 a.m. to 5 p.m.

Banquet Capacity: 30 people | Theater Capacity: 50 people



Refundable Deposit: \$294 (necessary to book your requested date and time)

Hourly Rate (Prime Time):

- \$95 / hour
- \$47 / hour (Staff Supervision in addition to hourly rate)

Reservation Includes:

- Main Room & Sun Room
- Small Kitchen
- Tables and Chairs

Alcohol: No alcohol allowed.

Insurance: Rates vary depending on multiple factors. Please contact (626) 403-7380 for more information.

IMPORTANT INFORMATION: *No heating or air conditioning available in this facility. In addition, there can only be up to two (2) private reservations allowed at this facility each month.*

Rental Facilities

Garfield Park Youth House

625 1/2 Stratford Avenue | Generally available for private rental on Saturdays, 9 a.m. to 5 p.m.

Maximum Capacity: 36 people



Refundable Deposit: \$294 (necessary to book your requested date and time)

Hourly Rate (Prime Time):

- \$71/ hour
- \$47 / hour (Staff Supervision in addition to hourly rate)

Reservation Includes:

- Main Room (16' x 31.5')
- Kitchenette (9' x 8')
- Tables and Chairs

Alcohol: No alcohol allowed.

Insurance: Rates vary depending on multiple factors. Please contact (626) 403-7380 for more information.

Want to check if a park gazebo is available for reservation?

- 1 Visit www.southpasadenaca.gov/onlinereg
- 2 Select "Reserve Park or Facility"
- 3 Choose a location and date to check availability
- 4 To reserve please call (626) 403-7380



Rental Facilities

Orange Grove Mid-Level Meeting Space

815 Mission Street | Please contact (626) 403-7380 for more information and date availability.

Maximum Capacity: 30 people



Reservation Includes:

- Main Room
- Tables and Chairs

Refundable Deposit: \$294 (necessary to book requested date and time)

Hourly Rate (Prime Time):

- \$35 / hour
- \$47 / hour (Staff Supervision in addition to hourly rate)

Alcohol: No alcohol allowed.

Insurance: Rates vary depending on multiple factors. Please contact (626) 403-7380 for more information.

South Pasadena Senior Center

1102 Oxley Street | Please contact (626) 403-7380 for more information and date availability.

Banquet Capacity: 80 people | Theater Capacity: 100 people



Refundable Deposit: \$294 (necessary to book requested date and time)

Hourly Rate (Prime Time):

- \$95 / hour (Resident and Local Business Rate)
- \$118 / hour (Non-Resident Rate)
- \$106 / hour (Non-Profit Rate)
- \$47 / hour (Staff Supervision in addition to hourly rate)

Reservation Includes:

- Main Room
- Full Kitchen (\$59 / occurrence)
- Tables and Chairs

Kitchen (Prime Time): \$59/ occurrence

Alcohol: \$47 / hour (in addition to the Hourly Rate)

Insurance: Rates vary depending on multiple factors. Please contact (626) 403-7380 for more information.

Rental Facilities

War Memorial Building *(Built in 1922)*

435 Fair Oaks Avenue | Generally available for private rental on Saturdays, 12:30 p.m to Midnight

Banquet Capacity: 150 people | Theater Capacity: 200 people



Refundable Deposit: \$590 (necessary to book your requested date and time)

Hourly Rate (Prime Time):

- \$194 / hour (Resident and Local Business Rate)
- \$230 / hour (Non-Resident Rate)
- \$207 / hour (Non-Profit Rate)
- \$47 / hour (Staff Supervision in addition to hourly rate)

Reservation Includes:

- Main Room (40' x 60') & Foyer/Lobby (40' x 20')
- Full Kitchen (\$178 / occurrence)
- Tables and Chairs

Kitchen (Prime Time): \$178 / occurrence - Includes use of sinks, refrigerator, freezer, warming ovens, ice machine, range and oven.

Alcohol: \$47 / hour (in addition to the Hourly Rate)

Insurance: Rates vary depending on multiple factors. Please contact (626) 403-7380 for more information.

Please call (626) 403-7380 for more information or to check date availability for an indoor rental facility.

To receive an indoor rental application please contact the Community Services Department at recreation@southpasadenaca.gov or online at www.southpasadenaca.gov/recreation.

All rental applications must be completed and processed, with all fees paid, at least 30 days prior to event date.

REGISTRATION FORM

4 EASY WAYS TO REGISTER:



Online:

Register online at anytime by visiting
www.southpasadenaca.gov/classes

For more information call (626) 403-7380



By Phone:

Call (626) 403-7380 to register by phone. Please
know the class name, start date, start time, and fee.

HOURS:

Monday-Thursday, 10:00 a.m. to 6:00 p.m.



In Person:

Bring completed Registration Form and payment to
815 Mission St., South Pasadena, CA 91030.

HOURS:

Monday-Thursday, 10:00 a.m. to 6:00 p.m.



By Mail:

Send completed Registration Form and payment to:
City of South Pasadena

815 Mission Street
South Pasadena, CA 91030

MAIN CONTACT INFORMATION

LAST NAME		FIRST NAME	
ADDRESS		CITY	STATE ZIP CODE
EMAIL ADDRESS			
DAYTIME PHONE		EVENING PHONE	

PARTICIPANT INFORMATION

PARTICIPANT NAME	DATE OF BIRTH	CLASS NAME	DAY/TIME	FEE
*New payment policy, please refer to the City's master fee schedule for updated credit card fees.				TOTAL

PAYMENT METHOD

<input type="checkbox"/> CASH <input type="checkbox"/> CHECK (Payable to City of South Pasadena) <input type="checkbox"/> CREDIT CARD (Subject to 3% or minimum \$2 credit card fee)	<input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMERICAN EXPRESS <input type="checkbox"/> DISCOVER CREDIT CARD NUMBER: <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> <div style="border: 1px solid black; width: 20px; height: 20px;"></div> </div> EXP. DATE: CVV: SIGNATURE:
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REGISTRATION: All information and payment are required for registration to be accepted. Confirmations will be provided within 1 to 2 business days of receipt.

REFUNDS: Refunds will be granted if participant notifies the Community Services Department of the cancellation before the start of the second class, less a \$22 admin fee. Full refunds will be made if class is cancelled by the City. NO REFUNDS OR EXCHANGES WILL BE GRANTED ONCE THE SECOND CLASS HAS STARTED. For specialty camps, refund requests must be made and confirmed 21-days prior to the start of camp and will be assessed a \$22 admin fee: REFUNDS WILL NOT BE GRANTED WITHIN 21-DAYS OF THE START OF A SPECIALTY CAMP.

PHOTO/VIDEO WAIVER: By signing below, I hereby give permission for images of my child, captured by the City of South Pasadena's Leisure Classes through video, photo and digital camera, to be used solely for the purposes of promotional material and publications, and waive any rights of compensation or ownership thereto.

RISK DISCLOSURE, CONSENT, & LIABILITY RELEASE: On behalf of myself, my heirs, executors, administrators and assigns, in consideration of participating in the activity/event/program/class of the City of South Pasadena, I do hereby acknowledge that it has been disclosed to me that participating in this event is a voluntary recreational activity/event/program/class which involves inherent risks, dangers and hazards to myself, other participants and non-participants, which presents the risk of serious bodily injury or death; that all participants, including myself, knowingly and voluntarily assume and acknowledge the risks and liabilities. I further acknowledge and understand that I am accepting "AS IS" any activities held during the activity/event/program/class and any other equipment involved or provided to me in connection with the activity/event/program/class, and further acknowledge that NO WARRANTIES are being extended to me with respect to any aspect of the facilities or equipment. I further agree that, in the event that my participation should result in bodily injury or death to myself or any other person, I will not file any claim or lawsuit against the City and do hereby release, acquit and discharge the City of South Pasadena, together with its agents, employees, officers, shareholders, directors, successors and/or assigns, of and from any and all claims, damages, costs, liabilities or suits of any kind or nature whatsoever.

Signature: **X**

Date: