

FEBRUARY 2026 SENIOR CENTER DAILY ACTIVITIES

1102 Oxley Street, South Pasadena

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Functional Fitness (9-9:55 a.m.) Tai Chi: Qi Gong (9-10 a.m.) Tai Chi: Martial Arts (10-11 a.m.) Italian (Beg) (11 a.m.-12 p.m.) Italian (Conv) (12-1 p.m.) Mah Jong (1:30-4:30 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Bridge (9-11:30 a.m.) Spanish (Int) (9:30-11 a.m.) Beg. Pickleball (9:30-11:30 a.m.) Mental Wellness Series (1 p.m.) Ballroom Dancing (1-2 p.m.)	Functional Fitness (9-9:55 a.m.) French (9:00-10:00 a.m.) Chair Yoga (10:30-11:15 a.m.) Meditation (11:30 a.m.-12:30 p.m.) Paint & Sip (2 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Line Dancing (9-10:30 a.m.) Spanish (Beginner) (10-11 a.m.) Dr. Prothero Lecture (1 p.m.)	Functional Fitness (9-9:55 a.m.) Watercolor Painting (1-2:30 p.m.) Movie (1-3 p.m.) Something the Lord Made
9	10	11	12	13
Functional Fitness (9-9:55 a.m.) Tai Chi: Qi Gong (9-10 a.m.) Tai Chi: Martial Arts (10-11 a.m.) Italian (Beg) (11 a.m.-12 p.m.) Italian (Conv) (12-1 p.m.) Film talk Spellbound (1 p.m.) Mah Jong (1:30-4:30 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Bridge (9-11:30 a.m.) Spanish (Int) (9:30-11 a.m.) Lunar New Year Luncheon (11:45 a.m.) Advanced Reservations Required - WMB Beg. Pickleball (9:30-11:30 a.m.) Financial Advice (12-2 p.m.) Ballroom Dancing (1-2 p.m.)	Bingo canceled Functional Fitness (9-9:55 a.m.) Canceled French (9:00-10:00 a.m.) Chair Yoga (10:30-11:15 a.m.) - Community Room Meditation (11:30 a.m.-12:30 p.m.) - Community Room Valentine's Day Luncheon (11:45 a.m.) Advanced Reservations Required Elder Wisdom Group (1-2:30 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Line Dancing (9-10:30 a.m.) DAR Trip - Hastings Village Spanish (Beginner) (10-11 a.m.) Black History Month Movie Series: Sarah's Oil (1 p.m.) Intergenerational Activity- 2 p.m. Valentine's Day event with Camp Med	Functional Fitness (9-9:55 a.m.) Watercolor Painting (1-2:30 p.m.) Movie (1-3 p.m.) P.S I Love You
16	17	18	19	20
The South Pasadena Senior Center will be closed in observance of Presidents' Day. Normal operations will resume on Tuesday, February 17 th .	Walking Group Yoga (8:30-9:30 a.m.) Bridge (9-11:30 a.m.) Health Screenings & Counseling (9-11 a.m.) Spanish (Int) (9:30-11 a.m.) Beg. Pickleball (9:30-11:30 a.m.) Ballroom Dancing (1-2 p.m.)	Functional Fitness (9-9:55 a.m.) French (9:00-10:00 a.m.) Book Discussion (10-11:00 a.m.) Chair Yoga (10:30-11:15 a.m.) Meditation (11:30 a.m.-12:30 p.m.) Tech Day (3:30-5 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Line Dancing (9-10:30 a.m.) Spanish (Beginner) (10-11 a.m.) PCC Sewing Class (1-4:20 p.m.)	Functional Fitness (9-9:55 a.m.) Hearing Screenings (9-11 a.m.) Watercolor Painting (1-2:30 p.m.) Movie (1-3 p.m.) Don't Move
23	24	25	26	27
Functional Fitness (9-9:55 a.m.) Tai Chi: Qi Gong (9-10 a.m.) Tai Chi: Martial Arts (10-11 a.m.) Italian (Beg) (11 a.m.-12 p.m.) Italian (Conv) (12-1 p.m.) Black History Month Movie Series: The Great Debaters (1 p.m.) Mah Jong (1:30-4:30 p.m.)	Walking Group Yoga (8:30-9:30 a.m.) Bridge (9-11:30 a.m.) Spanish (Int) (9:30-11 a.m.) Beg. Pickleball (9:30-11:30 a.m.) Financial Advice (12-2 p.m.) Ballroom Dancing (1-2 p.m.)	Functional Fitness (9-9:55 a.m.) Chair Yoga (10:30-11:15 a.m.) Meditation (11:30 a.m.-12:30 p.m.) Elder Wisdom Group (1-2:30 p.m.) Senior Excursion – Getty Villa	Walking Group Yoga (8:30-9:30 a.m.) Line Dancing (9-10:30 a.m.) DAR Trip - Sta Anita Mall Spanish (Beginner) (10-11 a.m.) PCC Sewing Class (1-4:20 p.m.)	Functional Fitness (9-9:55 a.m.) Coffee & Treats (10-11 a.m.) Please RSVP. Watercolor Painting (1-2:30 p.m.) Movie (1-3 p.m.) The Out of Towners