

# South Pasadena Senior Center Meal Program

1102 Oxley Street, South Pasadena

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**On-Site Meal Program:** Meals are available at the Senior Center, Monday-Friday at 11:45 a.m.

**ON-SITE MEALS COST:** \$3.00 per meal (\$5.00 for persons under 55 years old)

**Home Delivery Program:** Five- or seven-day frozen meals available for weekly deliveries on Monday.

**HOME DELIVERED MEALS COST:** \$3.50 per meal

## June 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p><b>Chicken Adobo</b> Green Peas Marinated Bell Pepper &amp; Tomato Fruit and Milk</p>	<p><b>2</b></p> <p><b>Quiche</b> Broccoli Caesar Salad Fruit and Milk</p>	<p><b>3</b></p> <p><b>Shepherd's Pie</b> Carrots Mixed Salad Greens Fruit and Milk</p>	<p><b>4</b></p> <p><b>Baked Fish Almandine</b> Green Beans w/ Herbs Spinach Salad w/ Kale Fruit and Milk</p>	<p><b>5</b></p> <p><b>Arroz con Pollo</b> Pinto Beans Mixed Salad w/ Shredded Cabbage Fruit and Milk</p>
<p><b>8</b></p> <p><b>Savory Beef Stew</b> Herbed Brussel Sprouts Mashed Potatoes Fruit and Milk</p>	<p><b>9</b></p> <p><b>Enchilada Casserole</b> Black Beans Mesclun Salad Spanish Brown Rice Fruit &amp; Milk</p>	<p><b>10</b></p> <p><b>Baked Pollack w/ Lemon Sauce</b> Yellow Squash Broccoli Salad Fruit &amp; Milk</p>	<p><b>11</b></p> <p><b>BBQ Chicken</b> Macaroni &amp; Cheese Tri-Color Coleslaw Fruit and Milk</p>	<p><b>12</b></p> <p><b>Hot Turkey Sandwich</b> Green Beans Spinach Salad w/ Shredded Cabbage Fruit and Milk</p>
<p><b>15</b></p> <p><b>Vegetarian Chili</b> Broccoli Mixed Salad Greens Fruit and Milk</p>	<p><b>16</b></p> <p><b>Hawaiian Chicken Breast</b> Brown Rice Mesclun Salad Fruit &amp; Milk</p>	<p><b>17</b></p> <p><b>Father's Day Luncheon at the Senior Center</b></p> <p><b>Advanced Registration Required</b></p>	<p><b>18</b></p> <p><b>Salmon w/ Dill Sauce</b> Green Beans Beet Salad Fruit &amp; Milk</p>	<p><b>19</b></p> <p><b>The South Pasadena Senior Center will be closed in observance of Juneteenth.</b></p>
<p><b>22</b></p> <p><b>Mediterranean Chicken</b> Sauteed Spinach Tomato &amp; Cucumber Salad Fruit &amp; Milk</p>	<p><b>23</b></p> <p><b>Spaghetti w/ Meat Sauce</b> Green Beans Chopped Salad w/ Kale Fruit &amp; Milk</p>	<p><b>24</b></p> <p><b>Beef Fajita</b> Pinto Beans Tossed Green Salad Fruit &amp; Milk</p>	<p><b>25</b></p> <p><b>Roast Turkey Breast</b> Sweet Potato Herbed Brussel Sprouts Fruit &amp; Milk</p>	<p><b>26</b></p> <p><b>Baked Fish w/ Tartar Sauce</b> Herbed Potato Salad Creamy Coleslaw Fruit &amp; Milk</p>
<p><b>29</b></p> <p><b>Korean BBQ</b> Herbed Brown Rice Herbed Zucchini Broccoli Salad w/ Radish Fruit &amp; Milk</p>	<p><b>30</b></p> <p><b>Fish Vera Cruz</b> Black Beans Creamy Coleslaw Fruit &amp; Milk</p>			

**NOTE: MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.**