



**MINUTES OF THE REGULAR MEETING OF THE
SENIOR CITIZENS COMMISSION
OF THE CITY OF SOUTH PASADENA CONVENED
THIS 14th of SEPTEMBER 2016, AT 8:30 A.M.
SOUTH PASADENA SENIOR CENTER
1102 OXLEY STREET**

ROLL CALL

Chair Matty Hurtado Sokolow convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 8:30 a.m.

Chair Matty Hurtado called the roll. Present were Vice-Chair Alexandria Levitt, City Commissioners Knight, Shon and Vanderwall.

City Council Liaison, Dr. Khubesrian was not present.

Staff present: Community Services Supervisor Torres.

Senior Citizens Foundation of So Pas representative: Liz Giffen Glad

PUBLIC COMMENTS

Chair Hurtado Sokolow opened the Public Comments section.

PUBLIC COMMENT: None

Chair Hurtado Sokolow closed the Public Comments section.

APPROVAL OF MINUTES OF AUGUST 10, 2016

Commissioner Levitt motioned to approve minutes as submitted. Motion was seconded by Commissioner Vanderwall.

AYES: Levitt, Vanderwall, Hurtado Sokolow, Shon and Knight.

NOES: None.

ABSTAIN: None.

DISCUSSION ITEMS

1. REVIEW SENIOR COMMISSION GOALS & OBJECTIVES for 2016.

Commission goals were reviewed.

Health and Wellness -

Staff reported that a third day has been added to the popular exercise class, Functional Fitness, which will be held in the Library Community Room because there is no room for an additional class in the Senior Center. This class is capped at 27 participants. Yoga is also now offered a second and the Library Community Room is also utilized.

Thanks to Medication Therapy Management program of Huntington Hospital has pharmacists and nurses quarterly come to the Center for 30 minute medication reviews with participants of the Senior Center. This program became possible thanks to Commissioner outreach.

Outreach to the Community –

Through efforts from Senior and Youth Commissioners, the Senior Center delivers holiday cheer bags at Christmas, to homebound individuals are identified by Center staff. Typically the receipts live alone and/or receive deliver meals from the Center.

Currently homebound seniors needing assistance are referred by the Fire Department and the Police Department, as they notify the Senior Center if they have been called to a Senior's home or through a concerned neighbor. However, there is no other system in place to identify the homebound.

Commission discussed assigning someone on a monthly basis to visit homebound, asking the Social Worker intern to do some visits, and organizing a Forum with local church leaders and members of Neighborhood Watch to discuss social isolation and remind them or resources available at the Senior Center. The Commission also discussed attending a Neighborhood Watch Block Captain meeting to share information.

Commissioner Shon brought up the Senior Companion Program in Los Angeles and wondered if that was available to South Pasadena.

There have been some small changes to the website, due to multiple staff vacancies there isn't staff available to dedicate time to website design and the only changes that can be done must interface with the City's site. They hope to get some pictures up on the site shortly. There have been offers to get entire site redesigned but this is not possible since it must be handled by the City.

Facility Improvement - Staff is working with Public Works to prepare Request for Proposals to have bids for the painting of the facility in September. Romine Trust funds

will be used for this. There are not funds at this time to address the flooring or curtains and lighting.

2. ANNUAL REPORT TO CITY COUNCIL 11/2/16

Vice-Chair Levitt will prepare the report and present to Council with input from Chair Hurtado Sokolow and Staff.

3. REPORT ON THE COMMUNITY CENTER AD HOC COMMITTEE MEET

Staff reported that there have been two meetings since last month and the City is now discussing a 30,000 square feet layout including 6,000 sf multipurpose room that can be divided into smaller sections. At last presentation, staff requested more storage space, covered area for Dial a Ride vehicles to drop off passengers and multiple stalls in the rest rooms.

4. OCTOBER MEETING DATE CHANGE

Because of a conflict with the flu shot day, the October meeting date was changed to October 19th from the 12th.

INFORMATION ITEMS

5. COMMUNITY GARDEN PLOT

Six Senior Center volunteers are working with staff to grow vegetables in the community garden plot. Center manager is also working with "The Place" teen center to utilize the vegetables for a community harvest dinner coming up in November of this year.

6. REPORT ON EVENTS

70 volunteers attended the Volunteer dinner, which had to be rescheduled from August. Musical entertainment was provided by local pianist, Louis Nicolaides, as well as slide presentation was presented with photographs of volunteers that were recognized.

The League of Women Voters will be providing an informational address about the many initiatives on the November ballot. This will happen October 31 at 10:30 a.m. at the Senior Center. This was possible thanks to Commissioner outreach.

COMMUNICATIONS

8. CITY COUNCIL LIAISON

Councilperson Khubesrian was unable to attend.

9. COMMISSIONER COMMENTS

Vice Chair Levitt requested to attend the next meeting of the Senior Citizens Foundation of South Pasadena which is scheduled for September 27 at 4 p.m.

Vice Chair Levitt discussed the AARP Age-Friendly Initiative that is happening in Los Angeles and is working with AARP to explore ways for South Pasadena to be involved.

Commissioner Shon is a LCSW and discussed having connections to additional social work interns for the Senior Center. He will bring more information to the next meeting.

10. STAFF LIAISON

Staff reported the new Social Work intern is due to begin her duties shortly.

ADJOURNMENT

Vice Chair Levitt moved to adjourn the meeting and Commissioner Knight seconded it. Chair Hurtado Sokolow adjourned the Regular Meeting of the South Pasadena Senior Commission at 9:30 am.



Vice Chair, Alexandria Levitt

Minutes approved by the Commission on _____.