



**MINUTES OF THE REGULAR MEETING OF THE  
SENIOR CITIZENS COMMISSION  
OF THE CITY OF SOUTH PASADENA CONVENED  
THIS 8<sup>th</sup> of NOVEMBER 2017, AT 8:30 A.M.  
SOUTH PASADENA SENIOR CENTER  
1102 OXLEY STREET**

**ROLL CALL**

Chair Herb Shon convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 8:35 a.m.

Chair Herb Shon called the roll. Present were Vice Chair Vanderwall, City Commissioners Levitt, Hurtado Sokolow, and Knight.

Staff present: Community Services Supervisor Torres.

Senior Citizens Foundation of So Pas representative was not present.

City Council Liaison, Bob Joe, was not present.

**PUBLIC COMMENTS**

Chair Shon opened the Public Comments section.

**PUBLIC COMMENT:** None

Chair Shon closed the Public Comments section.

**APPROVAL OF MINUTES OF OCTOBER 18, 2017**

Vice-Commissioner Vanderwall motioned to approve minutes as submitted. Motion was seconded by Commissioner Levitt.

**AYES:** Levitt, Knight, Hurtado Sokolow, Shon and Vanderwall.

**NOES:** None.

**ABSTAIN:** None.

## **DISCUSSION ITEMS**

### **1. 2017 GOALS**

#### **Awareness & Marketing**

The article on Volunteers written by Commissioner Levitt has not run yet.

A Holiday Cheer Gift Basket article was written by Commissioner Levitt but was not approved in time to run in the South Pasadena Review.

Later in 2018, Commissioner Levitt plans to write an article on Senior Center Health and Wellness .

Donations to the Holiday Cheer baskets were down again this year.

Dates to be determined for the following:

Alzheimer's Disease to be written by Commission Chair Shon.

Commissioner Levitt and Staff Member Torres will meet to discuss workshop on downsizing and other aging related issues. This meeting was scheduled for the week of December 15.

#### **Safety**

Captain Riddle of SPFD spoke to the Commission on the subject of senior safety and emergency preparedness. The Fire Department and Senior Center continue to look for ways to identify the frail and elderly. This is especially important since in case of an emergency citizens may be without services for a week or two. Captain Riddle said a "disaster" is defined as anything that exceeds the capability of emergency services. South Pasadena has 6 firefighters.

Vice-Chair Vanderwall suggested a greater role for Block Captains and wants to see more cooperation between the police and fire departments in the area of knowing where the frail and vulnerable in South Pasadena are. The idea of a "Know your Senior" campaign was discussed along with a helpful brochure from the American Red Cross for Senior Emergency Preparedness. The Fire Department has made presentations at certain condominium complexes in towns to encourage emergency preparedness and awareness.

Captain Riddle also discussed Connect South Pasadena which is a service where by participants can sign up to let the city know how they would like to be contacted in case of an emergency. The Boy Scouts have made survival kits for neighbors that include a "Need Help" sign that people can post in a window. Lastly, the Fire Department is going to be remodeled.

### **2. ANNUAL REPORT TO CITY COUNCIL NOVEMBER 15, 2017**

Staff Member Torres is working with Commission Chair Herb Shon to prepare the Annual Report.

**3. HOLIDAY CHEER PROGRAM DELIVERY ASSIGNMENTS**

Holiday Cheer bags will be ready for delivery on December 21. They should be picked up at the Senior Center by the Commission members and delivered promptly. There will be approximately 6 bags for each Commissioner to deliver.

**INFORMATION ITEMS**

**4. REPORT ON EVENTS**

December 14 is the Christmas program. As in previous years the Police Chief is paying for the cost of the meal and policemen will be serving the meal.

**COMMUNICATIONS**

**6. CITY COUNCIL LIAISON**

There was no City Council Liaison report.

**7. COMMISSIONER COMMENTS**

There were no Commissioner comments.

**8. STAFF LIAISON**

Staff reported that donations were down again for the Holiday Cheer baskets. Staff requested that the December meeting be skipped since there are so many holiday activities at the Center. The Commission voted and approved on this.

**ADJOURNMENT**

Commissioner Vanderwall moved to adjourn the meeting and Commissioner Knight seconded it. Chair Shon adjourned the Regular Meeting of the South Pasadena Senior Commission at 9:30 am.

  
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Chair Herb Shon

Minutes approved by the Commission on January 17, 2018.