

MINUTES OF THE REGULAR MEETING OF THE  
SENIOR CITIZENS COMMISSION  
OF THE CITY OF SOUTH PASADENA CONVENED  
THIS 11<sup>th</sup> OF JULY, 2018, AT 8:30 A.M.  
SOUTH PASADENA SENIOR CENTER  
1102 OXLEY STREET

**ROLL CALL**

Chair Vanderwall convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 8:30 A.M.

Chair Vanderwall called the roll. Present were Commissioners Levitt, Shon, Hurtado-Sokolow, and Chair Vanderwall. Commissioner Knight was absent.

City Council Liaison, Robert Joe, absent.

Staff present: Community Services Supervisor Torres.

**PUBLIC COMMENTS**

Chair Vanderwall opened the Public Comment section.

**PUBLIC COMMENT:**

A representative from Right At Home homecare agency introduced herself to the Commission and informed them about the types of help/assistance that she and her agency can offer to seniors as a resource for South Pasadena residents.

**APPROVAL OF MINUTES OF JUNE 13, 2018**

Chair Vanderwall motioned to approve minutes as submitted. Motion was seconded by Commissioner Levitt.

AYES: Levitt, Hurtado-Sokolow, Shon, and Vanderwall.

NOES: None

ABSTAIN: None

**DISCUSSION ITEMS**

**1. UPDATED SENIOR COMMISSION GOALS FOR 2018**

1. Outreach/Marketing

Commissioner Levitt is working on an article highlighting the Senior Center's activities/programming and to bring awareness about the upcoming community workshop "What to do About Mom or Dad". Commissioner Levitt discussed progress made on the upcoming "What to do About Mom or Dad" workshop, including having all speakers lined up, the official poster is being finalized and will be share with Commissioners at the August 2018 Senior Citizen Commission meeting.

Commissioner Levitt and Supervisor Torres discussed targeting South Pasadena groups to promote this workshop, and Commissioners chose from a list of South Pasadena groups to target in August and September with a bullet point list of talking points which will further be discussed and finalized at the August 8, 2018 Senior Commission meeting.

Commissioner Shon is working on an article discussing programs that provide respite for caregivers while providing older adults bio-psycho-social programming, e.g., adult day programs. He also agreed to e-mail Commissioners a caregiving booklet/resource guide that he and his colleagues developed several years prior, which may provide some useful information/materials for the upcoming "What to do About Mom or Dad" workshop.

## 2. Identifying Senior Citizens within Communit (Registry)

Supervisor Torres updated Commissioners on meeting with Chief Riddle and Management Services staff to provide information and assist with clarifying program intent and benefits. Staff will provide update on next steps once Chief Riddle receives response from City Attorney on whether ther are any HIPPA concerns.

## 3. South Pasadena Senior Citizens Foundation

Foundation member Liz Giffen-Glad updated Commission on the reorganization of the Foundation due to new Foundation members. She reported that the new Foundation members' backgrounds are particularly helpful for the Foundation's work, including

1. Updating the Foundation's By-Laws,
2. Reviewing and updating procedures concerning legacy gifts, and
3. Exploring the purchasing of mailing lists to expand the Foundation's donation list.

## INFORMATION ITEMS

### 2. Report on Events

Supervisor Torres reported on the following events:

- Fourth of July Barbecue was attended by approximately 105 seniors. Chair Vanderwall participated in the Annual Fourth of July Parade.
- National Senior Citizens Day Picnic- August 20, 2018 at the South Pasadena Senior Center
- Spaghetti Feast - September 28, 2018 at the South Pasadena Senior Center

3. City Council Liaison's Report - None

4. Commissioner Comments

Commission Shon informed Commission that he needs to use a digital handheld recorder during Commission meetings henceforth as an assistive device to help him document accurate Commission meeting notes/minutes henceforth.

Chair Vanderwall showed support to a long-time south Pasadena resident by attending her 103<sup>rd</sup> birthday party.

**ADJOURNMENT**

Chair Vanderwall moved to adjourn the meeting and Commissioner Shon seconded it.

The regular Meeting of the South Pasadena Senior Commission adjourned at 9:30 A.M.



Chair, Robert Vanderwall

Minutes approved by the Commission on \_\_\_\_\_.