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MINUTES OF THE REGULAR MEETING OF THE SENIOR CITIZENS COMMISSION  
OF THE CITY OF SOUTH PASADENA CONVENED THIS 10th OF APRIL 2019, AT 9:33 A.M.  
SOUTH PASADENA SENIOR CENTER  
1102 OXLEY STREET

**ROLL CALL**

Chair Levitt convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 9:33 AM.

Chair Levitt called the roll. Present were Vice-Chair Shon, Commissioners Papadakis, Vanderwall, and Knight

City Council Liaison present: Absent

Staff present: Community Services Supervisor Torres

Senior Citizens Foundation: Richard Helgeson

**PUBLIC COMMENTS**

Chair Levitt opened the Public Comment section.

PUBLIC COMMENT: None

**APPROVAL OF MINUTES OF MARCH 13, 2019**

Commissioner Papadakis motioned to approve minutes as submitted. Motion was seconded by Chair Levitt.

AYES: Levitt, Knights, Shon, Vanderwall and Papadakis

NOES: None

ABSTAIN: None

**DISCUSSION ITEMS**

**1. 2019 Workplan**

Discussion continued from March 2019 meeting on topics to be covered for the first quarter and published in the local newspapers to promote the South Pasadena Senior Center. Vice-Chair Shon will author article on "Successful Aging." Supervisor Torres reported that her USC intern is in the process of compiling a list of local adult day programs to assist Commissioner Shon in writing an article about adult day care programs for local newspaper(s). Commissioner Papadakis will author second article on "Dementia". Additional topics to be covered are the Role of Occupational therapist, Adult Day Care programs and Hoarding.

**2. Update on Community Workshop "What to do About Mom or Dad"**

Supervisor Torres provided update on the "What to do about Mom/Dad" on May 1, 2019 for families and caregiver workshop. Chair Levitt would email flyer to be distributed to Commissions to publicize event, and Supervisor Torres's plan to confirm presentation topics and length of presentations with workshop presenters. The event will be sponsored by the Senior Citizens Foundation of South Pasadena.

**3. Update on Senior Citizens Foundation of South Pasadena**

Foundation board member Richard Helgeson provided an overview of the last Foundation board meeting and also added that the Foundation will be one of the speakers for the community workshop set up for fall 2019.

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**4. Discuss April 10 Commission meeting and Brown Act Training**

Commissioners will received the Brown Act Training on April 10 by City Attorney's office. Consequently, Commissioners will held their regular meeting after this training on the same day at 9:33 A.M.

**INFORMATION ITEMS**

**5. Report on Events**

Staff member Torres reported on the following events:

- March 15, St. Patrick's luncheon sponsored by Home Instead Home Care: 100 seniors attended this event.
- March 29, Senior Prom-Sock Hop sponsored by Golden Oaks Apartments and Transitions Hospice, event includes dinner, photo booth, entertainment and dancing. 69 seniors attended this event.

**6. City Council Liaison's Report**

None.

**7. Commissioner Comments**

Commissioner Papadakis volunteered to present at the one of the community workshops.

**8. Staff Liaison Report**

No report was provided.

**ADJOURNMENT**

Commissioner Vanderwall moved to adjourn the meeting and was seconded by Commissioner Shon. All were in favor.

The regular Meeting of the South Pasadena Senior Commission adjourned at 9:50 AM.

Herb Shon  
Chair, Alexandria Levitt ~~HERB SHON~~

Minutes approved by the Commission on June 12, 2019