

MINUTES OF THE REGULAR MEETING OF THE SENIOR CITIZENS COMMISSION
OF THE CITY OF SOUTH PASADENA CONVENED THIS 10th OF JULY 2019, AT

9:33 A.M.
SOUTH PASADENA SENIOR CENTER
1102 OXLEY STREET

ROLL CALL

Chair Levitt convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 9:33 AM.
Chair Levitt called the meeting to order with the following commissioners present:
Chair Levitt, Commissioners Papadakis, Vanderwall, and Knight
City Council Liaison present: Absent
Staff present: Community Services Supervisor Torres

PUBLIC COMMENTS

Chair Levitt opened the Public Comment section.
PUBLIC COMMENT: None

APPROVAL OF MINUTES OF June 12, 2019

Commissioner Vanderwall motioned to approve minutes as submitted. Motion was seconded by Chair Papadakis.
AYES: Knight, Levitt, Vanderwall and Papadakis
NOES: None
ABSTAIN: None

DISCUSSION ITEMS

1. 2019 Work plan updates

Discussion reviewed the articles that the Commissioners would author to promote the Senior Center: aging topics and services offered. The suggested articles are as follows:

- a. Adult Day Care Programs - Shon (pending).
- b. Dementia - open
- c. Role of Occupational Therapist -- J. Papadakis
- d. Hoarding – open
- e. Ways to Help – Knight
- f. Promotion of workshop - Levitt

2. Update on Community Workshop "What to do About Mom or Dad"

A committee made up of two commissioners and staff is planning the next workshop which is scheduled for Wednesday, October 9, 2019, 6:30 pm., the workshop will focus on topics of legal and finance matters, including Medicare, probate, estate planning, avoiding fraud and abuse and much more.
It was suggested that the spring 2020 workshop focus on medical matters.

3. **Update on Senior Citizens Foundation of South Pasadena**
No report provided.

INFORMATION ITEMS

4. **Report on Events**
Staff member Torres reported on the following events:

- June 14 Father's Day Luncheon sponsored by Regency Park Senior Living.
- July 4th BBQ

6. **City Council Liaison's Report**
No report was provided

7. **Commissioner Comments**

Chair Levitt suggested a program Lunch or Tea and Learn – to include a short presentation on aging topic from professionals, possibly every other month. Suggested speakers: geriatrician, nutritionist etc.

8. **Staff Liaison Report**

Staff updated the Commission on staff on fee increase in fees for senior services which includes membership fee going up to \$25 person and \$25 couple, as well as the meal program on site fee increased to \$2.75 and home delivery \$3 a meal. The increase were advertised through the newsletter, letters to members/participants and email blasts.

ADJOURNMENT

Commissioner Vanderwall moved to adjourn the meeting and was seconded by Commissioner Papadakis. All were in favor.

The regular Meeting of the South Pasadena Senior Commission adjourned at 9:10 AM.



Chair, Alexandria Levitt

Minutes approved by the Commission on 8/15/19