

MINUTES OF THE REGULAR MEETING OF THE SENIOR CITIZENS COMMISSION
OF THE CITY OF SOUTH PASADENA CONVENED THIS 15th OF AUGUST 2019,
AT 8:30- A.M.
SOUTH PASADENA SENIOR CENTER
1102 OXLEY STREET

ROLL CALL

Chair Levitt convened the Regular Meeting of the South Pasadena Senior Citizen Commission at 8:35 AM.

Chair Levitt called the meeting to order with the following commissioners present:

Chair Levitt, Commissioners Papadakis, Shon and Knight

City Council Liaison present: Absent

Staff present: Community Services Supervisor Torres

PUBLIC COMMENTS

Chair Levitt opened the Public Comment section.

PUBLIC COMMENT: None

APPROVAL OF MINUTES OF July 10, 2019

Commissioner Papadakis motioned to approve minutes as submitted. Motion was seconded by Commissioner Knight.

AYES: Knight, Levitt, Shon and Papadakis

NOES: None

ABSTAIN: None

DISCUSSION ITEMS

1. 2019 Work plan updates

Discussion reviewed the articles that the Commissioners would author to promote the Senior Center. aging topics and services offered. The suggested articles are as follows:

- a. Adult Day Care Programs - Shon
- b. Dementia - open
- c. Role of Occupational Therapist – J. Papadakis will be resubmitted in word format
- d. Hoarding – open
- e. Ways to Help – Knight
- f. Promotion of workshop - Levitt

2. Update on Community Workshop "What to do About Mom or Dad"

A committee made up of two commissioners and staff is planning the next workshop which is scheduled for Tuesday, October 15, 2019, 6:30 pm.(note the original date was October 9th), the workshop will focus on topics of legal and financial matters, including Medicare, probate, estate planning, avoiding fraud and abuse and much more. It was suggested that the spring 2020 workshop focus on medical issues.

INFORMATION ITEMS

4. Report on Events

Staff member Torres reported on the following events:

- National Senior Citizens Day August 21
- Resource Fair September 13

6. City Council Liaison's Report

No report was provided

7. Commissioner Comments

Commissioner Papadakis offered to assist during the luncheon for the August 21 event.

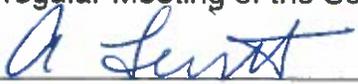
8. Staff Liaison Report

Staff reported on the Gerontology Intern that will began her assignment at the end of August.

ADJOURNMENT

Commissioner Papadakis moved to adjourn the meeting and was seconded by Commissioner Knight. All were in favor.

The regular Meeting of the South Pasadena Senior Commission adjourned at 9:15 AM.



Chair, Alexandria Levitt

Minutes approved by the Commission on 9/11/19