



South Pasadena Senior Center

KEEPING SENIORS INFORMED

The South Pasadena Senior Center continues with closure due to mandatory "Stay at Home" order and will remain closed until the Governor lifts the order.

Essential operations are the primary focus for the Center at time.

Limited hours of operation

Due to "Safer at Home" order we remain closed to the public. Staff are available to take your phone calls Monday through Friday 8:00 am to 2:00 pm.

Dial a Ride

Residents can schedule transportation Monday through Friday with the no further modifications: **Call (626)403-7368**



Meal program – Hot meals are delivered Monday –Friday with the option of box lunches for the weekend. Residents are able to receive hot meals that are delivered by Senior Center & Dial Ride staff. Be assured that all staff are practicing social distancing protocols. To sign up or get more information, please call **(626)403-7360** or download the application at

<https://www.southpasadenaca.gov/government/departments/communitiy-services/senior-services/senior-meal-program>

Better 4 You Meals!

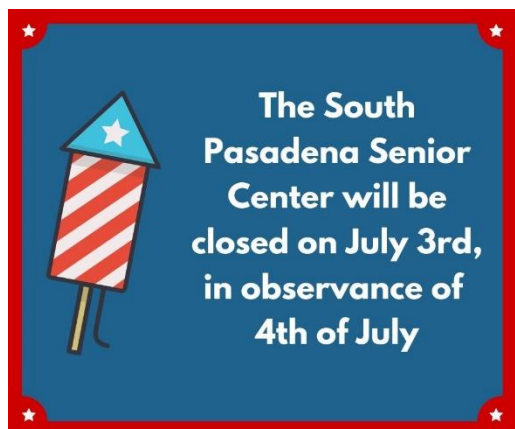
Seniors can now enjoy meals provided by our new caterer Better 4 You Meals! All weekend meals will be frozen to help preserve flavors. Should you have any questions or concerns, please call us at the Senior Center at **(626) 403-7360**.

Festival of Art!

As we all work together in #flatteningthecurve we hope that you are staying safer at home. To encourage this, we are working to provide this year's Festival of Art from the comfort of your home. A majority of painted businesses and art works will be live on our website in the coming days.

Please visit the link below for images on how the City is currently looking with all the posters and art work displayed. If you do plan on walking out, please remember to practice social distancing!

<https://www.southpasadenaca.gov/festivalofart>



Helpful Resources & Activities

LA County's 2-1-1

LA County's 2-1-1 has continued to provide services and resources for all La County Residents. Resources can cover rent assistance, food banks, disaster relief assistance, and even mental health during these difficult times. Individuals who are interested in receiving services may apply by calling 2-1-1 or (800) 339-6993. You may also visit their website at <http://www.211la.org/>



2020 Census

Participating in the census helps cities plan for school class sizes, health facilities, public transit, and even get an accurate count to ensure we are represented for on a federal, state, county, and even school district level. You count! Make sure to submit your response online or by mail!



Fourth of July Word Search!

Fourth of July

S	T	R	I	P	E	S	E	A	E	S	S	O	W
D	E	C	L	A	R	A	T	I	O	N	G	C	R
T	U	E	D	A	A	A	C	I	R	E	M	A	S
T	T	E	E	F	Y	T	R	E	B	I	L	S	E
R	F	I	R	E	W	O	R	K	S	A	R	D	M
G	F	R	E	E	D	O	M	E	E	R	S	N	A
I	N	D	E	P	E	N	D	E	N	C	E	E	S
E	E	S	T	A	R	S	E	D	D	D	O	I	E
T	E	Y	F	E	E	R	D	O	T	N	R	R	L
I	E	R	L	P	A	R	A	D	E	R	E	F	C
H	L	E	T	I	T	I	D	R	E	T	H	S	N
W	I	U	E	S	M	S	N	D	G	A	L	F	U
N	N	L	A	O	E	A	A	B	A	O	I	L	R
B	N	B	F	F	F	M	F	A	N	N	S	E	I

- FREEDOM
- DECLARATION
- FRIENDS
- RED
- INDEPENDENCE
- STRIPES
- STARS
- AMERICA
- FIREWORKS
- LIBERTY
- PARADE
- FAMILY
- FLAG
- UNCLE SAM
- BLUE
- HEROES

D.U.D.E.S. & Girl Friday - South Pasadena Grocery Shoppers for Seniors

South Pasadena seniors can exclusively utilize the grocery shopping services of D.U.D.E.S. and Girl Friday to have grocery shopping done on their behalf. For shopping inquiries and requirements, please see below:

D.U.D.E.S.: "You Buy We Deliver"
Call/text (626) 667-4378 or visit:
<http://SP-Volunteers.com>



Girl Friday: "Good old-fashioned solutions to all your modern day dilemmas" Call/Text (626) 221-5111 or visit: <http://girlfridaysopas.com>

