



AUGUST



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>BBQ Beef Meatballs Corn & Broccoli Corn Muffin, Fruit 1% Milk</p>	<p>4</p> <p>Beef Taco Fiesta Bowl Black Beans & Corn Brown Rice Fruit 1% Milk</p>	<p>5</p> <p>Chicken Teriyaki w/ Brown Rice Broccoli & Carrots Fruit 1% Milk</p>	<p>6</p> <p>Chicken Tamale Pinto Beans W/ Peas & Carrots Fruit 1% Milk</p>	<p>7</p> <p>Baked Ziti w/ Meat Sauce California Vegetable Blend Fruit 1% Milk</p>
<p>10</p> <p>Chicken Enchiladas (3) Green Salsa Pinto Beans Fruit 1% Milk</p>	<p>11</p> <p>WG Spaghetti w/ Meat Sauce California Vegetable Blend Fruit 1% Milk</p>	<p>12</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Green Beans, WG Dinner Roll Fruit 1% Milk</p>	<p>NEW 13</p> <p>Malibu Ranch Pasta Salad w/ Chicken Cherry Tomatoes Apricot Halves (canned) 1% Milk</p>	<p>14</p> <p>Chicken Burrito Bowl w/ Brown Rice Pinto Beans & Corn Fruit 1% Milk</p>
<p>17</p> <p>Chicken Fajitas Peppers & Onions Brown Rice Fruit 1% Milk</p>	<p>18</p> <p>Turkey Pot Roast Seasoned Diced Potatoes Green Beans, Dinner Roll Fruit 1% Milk</p>	<p>19</p> <p>Beef & Pinto Bean Chili Corn Muffin 5- way Mixed Vegetables Fruit 1% Milk</p>	<p>NEW 20</p> <p>Tuna Salad Sandwich Potato Salad Cherry Tomatoes Fruit 1% Milk</p>	<p>21</p> <p>Sweet & Sour Chicken Brown Rice Garbanzo & Edamame Beans Blend Fruit 1% Milk</p>
<p>24</p> <p>Chicken Parmesan Potato's Skins 5-Way Mixed Vegetables Fruit 1% Milk</p>	<p>25</p> <p>Beef Enchilada Casserole w/ Beans & Corn Fruit 1% Milk</p>	<p>26</p> <p>Chicken Burrito Bowl w/ Brown Rice Pinto Beans & Corn Fruit 1% Milk</p>	<p>NEW 27</p> <p>Cajun Chicken Salad Sandwich Carrot Raisin Salad Jicama Sticks Fruit 1% Milk</p>	<p>28</p> <p>Beef Meat Loaf Mashed Potatoes Green Beans, Dinner Roll Fruit 1% Milk</p>

<p>31</p> <p>BBQ Beef Meatballs Corn & Broccoli, Corn Muffin Fruit 1% White Milk</p>
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SOUTH PASADENA SENIOR CENTER

RESERVATIONS REQUIRED IN ADVANCE \$2.75 *Grab n Go* or \$3.00 *Delivery*

Note: Menu has been updated 8/3/20 for Thursdays

Call (626)403-7360

WEEKEND MEALS AVAILABLE BY RESERVATION FOR DELIVERY & GRAB N GO MEALS