South Pasadena Senior Center

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3212 Orange Street
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Senior Citizens' Center
South Pasadena

DEPARTMENT
COMMUNITY SERVICES
SOUTH PASADENA
CITY OF

Support to the Center: The Senior Center offers a variety of programs and services, such as classes, social events, and special interest groups.

Volunteer Opportunities: The Senior Center operates thanks to the support of volunteers to teach classes, greet the public, serve as delivery assistants, and provide administrative support.

Parks and Programs: Creating Community through People.

The South Pasadena Senior Center was formed in 2006 to serve as a fundraising mechanism for the Foundation.

Day from day of purchase.

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THE SOUTH PASADENA SENIOR CENTER

The SOUTH PASADENA SENIOR CITIZENS CENTER is a focal point that opened in 1982, a “one stop shopping center”, for services and activities. Our mission is to offer a place in which older adults and persons with disabilities can meet with one another to fulfill many of their social, physical, emotional, and intellectual needs. Center programs and activities are geared to enhance and support their independence and encourage their involvement in and with the community.

The South Pasadena Senior Citizens’ Center is located at 1102 Oxley Street, in South Pasadena. The Center is centrally located to local bus lines and next door to the public library, and is open Monday through Friday from 8 am to 5 pm to the community.

What is Offered:
Care Management via providers;
Santa Anita Family Services
Convalescent Care Planning
Dial a Ride
Financial Advice

Human Services (continued):
Information & Referral
Legal Advice (Elder-Law attorneys)
Meal Program (On-site & delivered)
Metro pass sales
Social Security Assistance
Telephone Reassurance Program

Health Awareness & Prevention
Blood pressure & glucose checks
Elder Wisdom Group
FLU shot clinic
Health fair
Health education lectures
Hearing test
Mental health
Podiatry (foot) clinic
Support Group
Vision screening

Recreational Classes & Activities
AARP Smart Driver Course
Birthday celebrations
Book Discussion Group
Brain Fitness Program
Bridge Group
CALSTATE LA education series;
Computer Instruction
Creative Writing Class
Crochet, Knitting, & Stitchery Classes
Digital Photography Program
Country Line Dance
Exercise Classes (Pep Up Your Life,
Strength & Balance, C Hair Yoga and Meditation)

Recreational Programs continued
Language Classes (French, Italian, Spanish)
Lifelong learning through lectures focused on politics, science, and the arts
Mah Jong & card games
Memory Training UCLA
Music lectures
Senior Cinema & Foreign Films
Excursions to local destinations

Who is Eligible?
The services listed above, as well as many others, are offered to persons who are 55 years of age or older, and persons with disabilities.

How Do I Join the Center?
Requirements for eligibility vary by service. Free classes are available to members of the Center. Membership to the center includes monthly newsletter, access to free classes & lectures funded by the Foundation, use of the computer lab, as well as a parking permit.

Senior Center Funding
The Senior Center is funded through the City of South Pasadena’s general fund, Community Development Block Grant and Senior Citizens’ Foundation of South Pasadena.